ROTHESAY HIVE

Activities Calendar: November 2026

Location: Rothesay Town Hall, 70 Hampton Rd
Parking: 65 Hampton Rd, Rothesay
Membership: $25 per year (prorated)
(506) 799-9240
KirstinDuffley@Rothesay.ca
www.rothesay.ca/recreation/rothesayhive
@RothesayHive

® = Registration REQUIRED. Please call or email to register for programs marked with a ®. Include your name, phone number, program type, and dates in your email or voicemail. All programs have a limited capacity and are on a first-come, first-served basis.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **9:30AM** 50+ Fitness ® **$5** **11AM** Chair Yoga ® **$5** **2PM** Mahjong & Bridge	**3** **9:30AM** Advanced Tai Chi ® **11AM** Beginners Tai Chi ® **1:30PM** Coffee & Chat / Card & Board Games	**4** **9:30AM** Chair Pilates+ ® **$5** **11AM** Flex & Flow ® **$5** **12:30PM** Sittercise ® **$5** **3PM SJNC:** English Conversation Classes ®	**5** **10AM SJNC Future Engage:** Travel Through My Eyes "Guyana" ®	**6** **9:30AM** Walking Club ® **11AM** Latin Line Dancing ® **$5**
9 **9:30AM** 50+ Fitness ® **$5** **11AM** Chair Yoga ® **$5** **2PM** Mahjong & Bridge	**10** **9:30AM** Advanced Tai Chi ® **11AM** Beginners Tai Chi ® **1:30PM** Coffee & Chat / Card & Board Games	**11** **CLOSED** **Remembrance Day**	**12** **10AM SJNC Future Engage:** The Jewish Historical Museum History, Customs & Holidays ® **1:30PM Grief Café**	**13** **9:30AM** Walking Club ® **11AM** Latin Line Dancing ® **$5** **1:30PM Workshop:** ® AED & CPR Training (Donations for RICC)
16 **9:30AM** 50+ Fitness ® **$5** **11AM** Chair Yoga ® **$5** **2PM** Mahjong & Bridge	**17** **9:30AM** Advanced Tai Chi ® **11AM** Beginners Tai Chi ® **1:30PM** Coffee & Chat / Card & Board Games	**18** **9:30AM** Chair Pilates+ ® **$5** **11AM** Flex & Flow ® **$5** **12:30PM** Sittercise ® **$5** **3PM SJNC:** English Conversation Classes ®	**19** **10AM SJNC Future Engage:** Día de los Muertos (Day of the Dead) with Fabiola Martinez ® **1:30PM Movie Matinee:** ® La La Land (2016)	**20** **9:30AM** Walking Club ® **No Latin Line Dancing** **1:30PM Presentation:** ® Snack & Facts with Kaleidoscope Social Impact
23 **9:30AM** 50+ Fitness ® **$5** **11AM** Chair Yoga ® **$5** **2PM** Mahjong & Bridge	**24** **9:30AM** Advanced Tai Chi ® **11AM** Beginners Tai Chi ® **1:30PM** Coffee & Chat / Card & Board Games	**25** **9:30AM** Chair Pilates+ ® **$5** **11AM** Flex & Flow ® **$5** **12:30PM** Sittercise ® **$5** **3PM SJNC:** English Conversation Classes ®	**26** **10AM SJNC Future Engage:** Saint John Newcomers Centre Services ® **1:30PM Book Club** ®	**27** **9:30AM** Walking Club ® **11AM** Latin Line Dancing ® **$5** **2PM Platinum Social** ® (Donations for RICC)
30 **9:30AM** 50+ Fitness ® **$5** **11AM** Chair Yoga ® **$5** **2PM** Mahjong & Bridge				

PLEASE NOTE: DOORS WILL OPEN APPROXIMATELY 15 MINUTES BEFORE THE SCHEDULED START TIME.

Grief Café

Date: Thursday, November 12, 1:30PM – 3:30PM

Come enjoy a warm beverage and chat with the Compassionate Grief Centre and others on their grief journey in a safe, comfortable, and casual environment. Grief is often associated with the loss of a loved one, however, it is a complex and multifaceted experience that can arise from many types of loss or significant change. Sponsored by: Integrity Home Health Services.

Workshop: AED & Hands-Only CPR Training ®

Date: Friday, November 13, 1:30PM

The Heart & Stroke Foundation is providing a one-hour AED and Hands-Only CPR training session for Rothesay HIVE members. The Rothesay HIVE is subsidizing this workshop. Attendees are welcome to make a donation at the door in support of the RICC project.

Movie Matinee: La La Land ®

Date: Thursday, November 19, 1:30PM

Come enjoy popcorn and a refreshing beverage while watching “La La Land” with other Rothesay HIVE members.

Plot: When Sebastian, a pianist, and Mia, an actress, follow their passion and achieve success in their respective fields, they find themselves torn between their love for each other and their careers.

Stars: Ryan Gosling, Emma Stone, Rosemarie DeWitt **Length:** 2hr 8min **Genre:** Romance / Musical / Comedy **Year:** 2016

Presentation: Snack & Facts with Kaleidoscope Social Impact ®

Date: Friday, November 20, 1:30PM

In this session, you’ll learn about the free services Kaleidoscope Social Impact offers, including one-on-one budgeting support, free tax clinic, and help finding benefits and credits you may be missing out on. You’ll also pick up practical tips to build your financial confidence & feel more in control of your money. No judgment, no pressure. Just good snacks, useful facts, & real support.

Platinum Social: Double the Fun! ®

Date: Friday, November 27, 2PM

DOUBLE the fun, DOUBLE the prizes, DOUBLE the community spirit! Come celebrate the Double Platinum Win with the incredible HIVE community that makes the Rothesay HIVE the best place in town! Light snacks and refreshments provided. Voted by our community. Celebrated by our community. Help us DOUBLE our impact by making a donation at the door in support of the RICC project!

Mahjong & Bridge Games

Program Length: 2 hours **Type:** Group Led

Come play the game of Mahjong *(American Version)* or Bridge with other Rothesay Hive members. Tea and coffee provided.

Lessons: Interested in learning how to play Mahjong or Bridge? Join the waitlist to learn when the next round of lesson will be offered!

Coffee & Chat / Card & Board Games

Program Length: 2.5 hour **Type:** Group Led

Drop in to enjoy a beverage and socialize. Check out the Hive Libraries, Bulletin, and Resources. Play various card and board games such as Cribbage, Phase 10, Hand & Foot, Scrabble, Yahtzee and more! Tea and coffee provided. Sponsored by: Parkland in the Valley.

HIVE Book Club Meeting ®

Program Length: 1.5 hours **Type:** Group Led

The HIVE Book Club meets each month to discuss the last book read and decide on the next book to read. Members are responsible for obtaining their own copy of each book, typically chosen books are available at the KV Public Library. Tea and coffee provided.

Lending Libraries: Books, Puzzles, Pickleball Equipment, & Nordic Walking Poles!

Hive Members can borrow puzzles, books, pickleball equipment, & Nordic walking poles for free. Equipment must be signed out to borrow.

50+ Fitness ® **Cost:** $5 / Class **Program Length:** 1 hour **Instructor:** Sharon Randell

This exercise class includes warm-up stretching, use of exercise balls, resistance bands and hand-held weights.

Chair Yoga ® **Cost:** $5 / Class **Program Length:** 1 hour **Instructor:** Sharon Randell

Chair yoga is a form of yoga as therapy that is practised sitting on a chair or standing using a chair for support.

Chair Pilates+ ® **Cost:** $5 / Class **Program Length:** 1 hour **Instructor:** Deby Siemens

Core strengthening with Chair Pilates + muscle endurance with resistance bands.

Flex & Flow ® **Cost:** $5 / Class **Program Length:** 1 hour **Instructor:** Deby Siemens

This standing cardio and strength training exercise class will use exercise balls, resistance bands and hand-held weights.

Sittercise ® **Cost:** $5 / Class **Program Length:** 1 hour **Instructor:** Deby Siemens

Designed to improve strength and balance with complete support of a chair, using exercise balls, resistance bands and 1-pound weights.

Tai Chi: Advanced & Beginners ® **Cost:** No charge **Program Length:** 1 hour **Instructor:** André Thelosen

A non-competitive, self-paced practice that combines gentle physical exercise and stretching through continuous, flowing movements. Location: **Wells Recreation Park, 75 French Village Road**, sessions are held outdoors or indoors. Sponsored by: Kindred Home Care.

Walking Club "The Walkie Talkies" ® **Cost:** No charge **Walk Length:** 45min - 1 hour **Type:** Volunteer Led

The Walkie Talkies will explore the nearby community for some low-impact physical activity and social connection with other HIVE members. The weekly walks will start and end at the Rothesay HIVE. Members are encouraged to stay afterwards for tea or coffee.

Latin Line Dancing ® **Cost:** $5 / Class **Program Length:** 1 hour **Instructor:** Deby Siemens

Dance routines are for beginner to intermediate dancers. Smooth bottomed shoes are recommended to be worn for this class.

Programs offered by the Saint John Newcomers Centre (SJNC) are FREE & OPEN to everyone! Register by contacting SJNC↓

® REGISTER by contacting the SJNC Coordinator, Hiba Hachicha: hiba.hachicha@sjnewcomers.ca | (506) 721-1325

SJNC: Future Engage – Seniors Community (50+) ® **Thursdays 10AM-12PM** **Type:** SJNC Coordinator Led

A free weekly Seniors & Youth Engagement Project that creates intergenerational & multicultural connections. All are welcome to attend!

SJNC: English Conversation Class ® **Wednesdays 3PM-4PM** **Type:** SJNC Coordinator Led

Come practice and improve your English in a friendly & casual environment. This free class is open to all regardless of immigration status.