



# ROTHESAY HIVE

## Activities Calendar: October 2026

**Location:** Rothesay Town Hall, 70 Hampton Rd  
**Parking:** 65 Hampton Rd, Rothesay  
**Membership:** \$25 per year (prorated)  
 (506) 799-9240  
 KirstinDuffley@Rothesay.ca  
 www.rothesay.ca/recreation/rothesayhive  
 @RothesayHive

® = **Registration REQUIRED.** Please call or email to register for programs marked with a ®. Include your name, phone number, program type, and dates in your email or voicemail. All programs have a limited capacity and are on a first-come, first-served basis.

| MONDAY                                                                    | TUESDAY                                                                                               | WEDNESDAY                                                                                                                                                                | THURSDAY                                                                                                                                                               | FRIDAY                                                                                                                            |
|---------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
|                                                                           |                                                                                                       |                                                                                                                                                                          | 1                                                                                                                                                                      | 2                                                                                                                                 |
|                                                                           |                                                                                                       |                                                                                                                                                                          | 10AM <b>SJNC Future Engage:</b><br>Travel Through My Eyes<br>"Peru" ®                                                                                                  | 9:30AM Walking Club ®<br><b>No Latin Line Dancing</b>                                                                             |
| 5                                                                         | 6                                                                                                     | 7                                                                                                                                                                        | 8                                                                                                                                                                      | 9                                                                                                                                 |
| 9:30AM 50+ Fitness ® \$5<br>11AM Chair Yoga ® \$5<br>2PM Mahjong & Bridge | 9:30AM Advanced Tai Chi ®<br>11AM Beginners Tai Chi ®<br>1:30PM Coffee & Chat /<br>Card & Board Games | 9:30AM Chair Pilates+ ® \$5<br>11AM Flex & Flow ® \$5<br>12:30PM Sittercise ® \$5<br>3PM <b>SJNC: English</b><br>Conversation Classes ®                                  | 10AM <b>SJNC Future Engage:</b><br>Exit Plan: Planning Ahead<br>(Death & Dying) ®<br>1:30PM <b>Grief Café</b>                                                          | 9:30AM Walking Club ®<br>11AM Latin Line Dancing ® \$5                                                                            |
| 12                                                                        | 13                                                                                                    | 14                                                                                                                                                                       | 15                                                                                                                                                                     | 16                                                                                                                                |
| <b>CLOSED</b><br><b>Thanksgiving Day</b>                                  | 9:30AM Advanced Tai Chi ®<br>11AM Beginners Tai Chi ®<br>1:30PM Coffee & Chat /<br>Card & Board Games | 9:30AM Chair Pilates+ ® \$5<br>11AM Flex & Flow ® \$5<br>12:30PM Sittercise ® \$5<br>3PM <b>SJNC: English</b><br>Conversation Classes ®<br>7PM <b>Fashion Show</b> (BMC) | 10AM <b>SJNC Future Engage:</b><br>GoRight Homeowner's Guide<br>& Community Info. Session ®<br>1:30PM <b>Presentation:</b> ®<br>Vision Loss Rehabilitation<br>Services | 9:30AM Walking Club ®<br>11AM Latin Line Dancing ® \$5                                                                            |
| 19                                                                        | 20                                                                                                    | 21                                                                                                                                                                       | 22                                                                                                                                                                     | 23                                                                                                                                |
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| 26                                                                        | 27                                                                                                    | 28                                                                                                                                                                       | 29                                                                                                                                                                     | 30                                                                                                                                |
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## Grief Café

**Date:** Thursday, October 8, 1:30PM – 3:30PM

Come enjoy a warm beverage and chat with the Compassionate Grief Centre and others on their grief journey in a safe, comfortable, and casual environment. Grief is often associated with the loss of a loved one, however, it is a complex and multifaceted experience that can arise from many types of loss or significant change. Sponsored by: Integrity Home Health Services.

## Presentation: Vision Loss Rehabilitation Services ®

**Date:** Thursday, October 15, 1:30PM

This presentation will provide an overview of Vision Loss Rehabilitation Services, a free, not-for-profit service designed to help individuals living with any type or degree of vision loss maintain their independence and quality of life. We will discuss how our specialized rehabilitation professionals work with clients to develop practical skills, strategies, and confidence for everyday living. Services may include orientation and mobility training, independent living skills, assistive technology support, and personalized rehabilitation plans tailored to each individual's needs and goals.

## Movie Matinee: Quartette ®

**Date:** Thursday, October 22, 1:30PM

Come enjoy popcorn and a refreshing beverage while watching “Quartette” with other Rothesay HIVE members.

**Plot:** At a home for retired musicians, the annual concert to celebrate Composer Giuseppe Verdi's birthday is disrupted by the arrival of Jean (Dame Maggie Smith), an eternal diva and the former wife of one of the residents.

**Stars:** Maggie Smith, Michael Gambon, Billy Connolly **Length:** 1hr 38min **Genre:** Romance / Drama / Comedy **Year:** 2012

## Potluck: Halloween Spooktacular – Costume Contest! ®

**Date:** Friday, October 31, 1:30PM

Come celebrate Halloween by coming together for a spooky potluck! Register to secure your spot as there are limited spaces. Wear your Halloween costume for a chance to win a prize! Please confirm what food item you'll be bringing to share, so we can ensure a diverse spread. Beverages will be provided. If you have any allergies or dietary restrictions, please let us know as soon as possible. Doors open ~15 minutes before scheduled time.

## Mahjong & Bridge Games

**Program Length:** 2 hours

**Type:** Group Led

Come play the game of Mahjong (*American Version*) or Bridge with other Rothesay Hive members. Tea and coffee provided.

**Lessons:** Interested in learning how to play Mahjong or Bridge? Join the waitlist to learn when the next round of lesson will be offered!

## Coffee & Chat / Card & Board Games

**Program Length:** 2.5 hour

**Type:** Group Led

Drop in to enjoy a beverage and socialize. Check out the Hive Libraries, Bulletin, and Resources. Play various card and board games such as cribbage, phase 10, Scrabble, Yahtzee and more! Tea and coffee provided. Sponsored by: Parkland in the Valley.

## HIVE Book Club Meeting ®

**Program Length:** 1.5 hours

**Type:** Group Led

The HIVE Book Club meets each month to discuss the last book read and decide on the next book to read. Members are responsible for obtaining their own copy of each book, typically chosen books are available at the KV Public Library. Tea and coffee provided.

## Lending Libraries: Books, Puzzles, Pickleball Equipment, & Nordic Walking Poles!

Hive Members can borrow puzzles, books, pickleball equipment, & Nordic walking poles for free. Equipment must be signed out to borrow.

**50+ Fitness ®** **Cost:** \$5 / Class **Program Length:** 1 hour **Instructor:** Sharon Randell

This exercise class includes warm-up stretching, use of exercise balls, resistance bands and hand-held weights.

**Chair Yoga ®** **Cost:** \$5 / Class **Program Length:** 1 hour **Instructor:** Sharon Randell

Chair yoga is a form of yoga as therapy that is practised sitting on a chair or standing using a chair for support.

**Chair Pilates+ ®** **Cost:** \$5 / Class **Program Length:** 1 hour **Instructor:** Deby Siemens

Core strengthening with Chair Pilates + muscle endurance with resistance bands.

**Flex & Flow ®** **Cost:** \$5 / Class **Program Length:** 1 hour **Instructor:** Deby Siemens

This standing cardio and strength training exercise class will use exercise balls, resistance bands and hand-held weights.

**Sittercise ®** **Cost:** \$5 / Class **Program Length:** 1 hour **Instructor:** Deby Siemens

Designed to improve strength and balance with complete support of a chair, using exercise balls, resistance bands and 1-pound weights.

**Tai Chi: Advanced & Beginners ®** **Cost:** No charge **Program Length:** 1 hour **Instructor:** André Thelosen

A non-competitive, self-paced practice that combines gentle physical exercise and stretching through continuous, flowing movements.

Location: **Wells Recreation Park, 75 French Village Road**, sessions are held outdoors or indoors. Sponsored by: Kindred Home Care.

**Walking Club “The Walkie Talkies” ®** **Cost:** No charge **Walk Length:** 45min - 1 hour **Type:** Volunteer Led

The Walkie Talkies will explore the nearby community for some low-impact physical activity and social connection with other HIVE members. The weekly walks will start and end at the Rothesay HIVE. Members are encouraged to stay afterwards for tea or coffee.

**Latin Line Dancing ®** **Cost:** \$5 / Class **Program Length:** 1 hour **Instructor:** Deby Siemens

Dance routines are for beginner to intermediate dancers. Smooth bottomed shoes are recommended to be worn for this class.

**Fashion Show: Fundraiser for the RICC** **Date:** Wednesday, October 14, at 7:00PM

Join us for an inspiring evening of fashion, fun, and community in support of the Rothesay Intergenerational Community Complex! This lively Fashion Show will feature an incredible lineup of intergenerational and international models showcasing styles from Boutique Zekara and Youghall Beach Co. - proving that confidence and great style never go out of fashion. Cash Bar | Light Refreshments | 50/50 | Raffles

**Admission:** By donation to the RICC Community Fundraising Campaign | Doors Open at 7:00PM | Bill McGuire Memorial Centre

**Programs offered by the Saint John Newcomers Centre (SJNC) are FREE & OPEN to everyone! Register by contacting SJNC↓**

® REGISTER by contacting the SJNC Coordinator, Hiba Hachicha: hiba.hachicha@sjnewcomers.ca | (506) 721-1325

**SJNC: Future Engage – Seniors Community (50+) ®** **Thursdays 10AM-12PM** **Type:** SJNC Coordinator Led

A free weekly Seniors & Youth Engagement Project that creates intergenerational & multicultural connections. All are welcome to attend!

**SJNC: English Conversation Class ®** **Wednesdays 3PM-4PM** **Type:** SJNC Coordinator Led

Come practice and improve your English in a friendly & casual environment. This free class is open to all regardless of immigration status.