



ROTHESAY HIVE

Activities Calendar: September 2026

Location: Rothesay Town Hall, 70 Hampton Rd
Parking: 65 Hampton Rd, Rothesay
Membership: \$25 per year (prorated)
 (506) 799-9240
 KirstinDuffley@Rothesay.ca
 www.rothesay.ca/recreation/rothesayhive
 @RothesayHive

® = **Registration REQUIRED.** Please call or email to register for programs marked with a ®. Include your name, phone number, program type, and dates in your email or voicemail. All programs have a limited capacity and are on a first-come, first-served basis.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	9:30AM Advanced Tai Chi ® 11AM Beginners Tai Chi ® 1:30PM Coffee & Chat 2:30PM Card / Board Games	9:30AM Chair Pilates+ ® \$5 11AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5	10AM SJNC Future Engage: Sleep Health & Sleep Apnea with Maritime Sleep Clinic ® 1:30PM Movie Matinee: ® Knives Out (2019)	9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5
7	8	9	10	11
CLOSED Labour Day	9:30AM Advanced Tai Chi ® 11AM Beginners Tai Chi ® 1:30PM Coffee & Chat 2:30PM Card / Board Games	9:30AM Chair Pilates+ ® \$5 11AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5	10AM SJNC Future Engage: Travel Through My Eyes: Trinidad & Tobago ® 1:30PM Grief Café	9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5 1:30PM Presentation: ® Aging Well at Home - Are You Ready
14	15	16	17	18
9:30AM 50+ Fitness ® \$5 11AM Chair Yoga ® \$5 2PM Mahjong & Bridge	9:30AM Advanced Tai Chi ® 11AM Beginners Tai Chi ® 1:30PM Coffee & Chat 2:30PM Card / Board Games	9:30AM Chair Pilates+ ® \$5 11AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 3PM SJNC: English Conversation Classes ®	10AM SJNC Future Engage: Imperial Theatre History ® CLOSED after 12:00PM Town Office Closure	9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5
21	22	23	24	25
9:30AM 50+ Fitness ® \$5 11AM Chair Yoga ® \$5 2PM Mahjong & Bridge	9:30AM Advanced Tai Chi ® 11AM Beginners Tai Chi ® 1:30PM Coffee & Chat 2:30PM Card / Board Games	No Chair Pilates+ No Flex & Flow No Sittercise 3PM SJNC: English Conversation Classes ®	10AM SJNC Future Engage: Property protection with KV Police Force ® 1:30PM Book Club ®	9:30AM Walking Club ® No Latin Line Dancing 1:00PM Potluck: ® Autumn Around the Table
28	29	30		
9:30AM 50+ Fitness ® \$5 11AM Chair Yoga ® \$5 2PM Mahjong & Bridge	9:30AM Advanced Tai Chi ® 11AM Beginners Tai Chi ® 1:30PM Coffee & Chat 2:30PM Card / Board Games	CLOSED National Day for Truth and Reconciliation		

Movie Matinee: Knives Out ®

Date: Thursday, September 3, 1:30PM

Come enjoy popcorn and a refreshing beverage while watching “Knives Out” with other Rothesay HIVE members.

Plot: When renowned crime novelist Harlan Thrombey is found dead at his estate just after his 85th birthday, the inquisitive and debonair Detective Benoit Blanc is mysteriously enlisted to investigate.

Stars: Daniel Craig, Chris Evans, Ana de Armas **Length:** 2hr 10min **Genre:** Mystery / Thriller / Comedy **Year:** 2019

Grief Café

Date: Thursday, September 10, 1:30PM – 3:30PM

Come enjoy a warm beverage and chat with the Compassionate Grief Centre and others on their grief journey in a safe, comfortable, and casual environment. Grief is often associated with the loss of a loved one, however, it is a complex and multifaceted experience that can arise from many types of loss or significant change. Sponsored by: Integrity Home Health Services.

Presentation: Aging Well at Home - Are You Ready ®

Date: Friday, September 11, 1:30PM

Join Judy Lane and Lori Thompson from Homecare by Design to explore the essential steps and strategies needed to make aging in place a successful reality for you or your family.

Potluck: Autumn Around the Table ®

Date: Friday, September 25, 1:00PM

Let's celebrate the first week of harvest season by coming together for an Autumn potluck! Register to secure your spot as there are limited spaces. Please confirm what food item you'll be bringing to share, so we can ensure a diverse spread. Beverages will be provided. If you have any allergies or dietary restrictions, please let us know as soon as possible. Doors open ~15 minutes before scheduled time.

Mahjong & Bridge Games

Program Length: 2 hours

Type: Group Led

Come play the game of Mahjong (*American Version*) or Bridge with other Rothesay Hive members. Tea and coffee provided.

Lessons: Interested in learning how to play Mahjong or Bridge? Join the waitlist to learn when the next round of lesson will be offered!

Coffee & Chat

Program Length: 1 hour

Type: Group Led

Drop in to enjoy a beverage and socialize. Check out the Hive Libraries, Bulletin, and Resources. Sponsored by: Parkland in the Valley.

Card & Board Games

Program Length: 1.5 hours

Type: Group Led

Drop in to play various card and board games such as cribbage, phase 10, Scrabble, Yahtzee and more! Tea and coffee provided.

HIVE Book Club Meeting ®

Program Length: 1.5 hours

Type: Group Led

The HIVE Book Club meets each month to discuss the last book read and decide on the next book to read. Members are responsible for obtaining their own copy of each book, typically chosen books are available at the KV Public Library. Tea and coffee provided.

Lending Libraries: Books, Puzzles, Pickleball Equipment, & Nordic Walking Poles!

Hive Members can borrow puzzles, books, pickleball equipment, & Nordic walking poles for free. Equipment must be signed out to borrow.

50+ Fitness ®

Cost: \$5 / Class

Program Length: 1 hour

Instructor: Sharon Randell

This exercise class includes warm-up stretching, use of exercise balls, resistance bands and hand-held weights.

Chair Yoga ®

Cost: \$5 / Class

Program Length: 1 hour

Instructor: Sharon Randell

Chair yoga is a form of yoga as therapy that is practised sitting on a chair or standing using a chair for support.

NEW Chair Pilates+ ®

Cost: \$5 / Class

Program Length: 1 hour

Instructor: Deby Siemens

Core strengthening with Chair Pilates + muscle endurance with resistance bands.

Flex & Flow ®

Cost: \$5 / Class

Program Length: 1 hour

Instructor: Deby Siemens

This standing cardio and strength training exercise class will use exercise balls, resistance bands and hand-held weights.

Sittercise ®

Cost: \$5 / Class

Program Length: 1 hour

Instructor: Deby Siemens

Designed to improve strength and balance with complete support of a chair, using exercise balls, resistance bands and 1-pound weights.

Tai Chi: Advanced & Beginners ®

Cost: No charge

Program Length: 1 hour

Instructor: André Thelosen

A non-competitive, self-paced practice that combines gentle physical exercise and stretching through continuous, flowing movements.

Location: Wells Recreation Park, 75 French Village Road, sessions are held outdoors or indoors. Sponsored by: Kindred Home Care.

Walking Club “The Walkie Talkies” ®

Cost: No charge

Walk Length: 45min - 1 hour

Type: Volunteer Led

The Walkie Talkies will explore the nearby community for some low-impact physical activity and social connection with other HIVE members. The weekly walks will start and end at the Rothesay HIVE. Members are encouraged to stay afterwards for tea or coffee.

Latin Line Dancing ®

Cost: \$5 / Class

Program Length: 1 hour

Instructor: Deby Siemens

Dance routines are for beginner to intermediate dancers. Smooth bottomed shoes are recommended to be worn for this class.

Programs offered by the Saint John Newcomers Centre (SJNC) are FREE & OPEN to everyone! Register by contacting SJNC↓

® REGISTER by contacting the SJNC Coordinator, Hiba Hachicha: hiba.hachicha@sjnewcomers.ca | (506) 721-1325

SJNC: Future Engage – Seniors Community (50+) ®

Thursdays 10AM-12PM

Type: SJNC Coordinator Led

A free weekly Seniors & Youth Engagement Project that creates intergenerational & multicultural connections. All are welcome to attend!

SJNC: English Conversation Class ®

Wednesdays 3PM-4PM

Type: SJNC Coordinator Led

Come practice and improve your English in a friendly & casual environment. This free class is open to all regardless of immigration status.