



ROTHESAY HIVE – AGE FRIENDLY COMMUNITY CENTRE

August Newsletter

The **Rothesay HIVE Age Friendly Community Centre's Mission** is to be a gathering place to nurture the health and well-being of adults (50+) through a hub of activities that focus on socialization, connection, health and wellness, intergenerational programming, lifelong learning, and outreach.



Movie Matinee ®

Come enjoy popcorn and a refreshing beverage while watching a movie with other Rothesay HIVE members on **Thursday, Aug. 20, at 1:30PM.**

Project Hail Mary (2026)

Plot: A science teacher wakes up alone on a spaceship. As his memory returns, he uncovers a mission to stop a mysterious substance killing Earth's sun, and realizes that an unexpected friendship may be the key.

Stars: Ryan Gosling, Sandra Hüller, James Ortiz

Length: 2hr 36min

Genre: Sci-Fi / Adventure

Year: 2026

Registration Required.

Contact Us:



Website:

www.rothesay.ca/recreation/rothesay-hive/



Facebook: @RothesayHive

www.facebook.com/groups/RothesayHive/



Phone:

506-799-9240



Email:

kirstinduffley@rothesay.ca



Parking:

65 Hampton Road, Rothesay NB



BULLETIN BOARD

Here is where you can find more information about programs, events and services that are available at the Rothesay HIVE, in our community, and across Canada.

Grief Café



Come enjoy a warm beverage and chat with the Compassionate Grief Centre and others on their grief journey in a safe, comfortable, and casual environment. Grief is often associated with the loss of a loved one, however, it is a complex and multifaceted experience that can arise from many types of loss or significant change. Sponsored by: Integrity Home Health Services.

When: Thursday, August 13, from 1:30PM – 3:30PM | No Registration Required.

Presentation: Fraud Prevention with Scotiabank ®



Join Scotiabank to learn how to recognize, avoid, and respond to increasingly sophisticated and common fraud and scam threats targeting older adults, including, phone, email, text, investment, and impersonation scams. Leave with practical tips to protect personal and financial information, identify warning signs, and know what to do if fraud is suspected. Attendees will gain valuable knowledge and resources to help safeguard themselves and their loved ones from financial exploitation.

When: Wednesday, August 19, 2:30PM | Registration Required.

Kennebecasis Public Library Activity ®



The KV Library is visiting the Rothesay HIVE for one last time this summer! Don't miss out - join the summer students while making bracelets and learning drawing lessons. It's a great chance to get creative, learn something new, and discover more about what your local library has to offer!

When: Friday, August 21, 1:30PM | Registration Required.

Presentation: Volunteer for Urban/Rural Rides ®



Learn more about Urban/Rural Rides, a registered charity powered by volunteers, created in response to an ever-growing need in our communities for safe, affordable, reliable transportation. Discover how you can become a volunteer to help provide transportation services in our community (primarily for medical appointments and food bank access) while meeting people and helping in a real, tangible way.

When: Friday, August 28, 1:30PM | Registration Required.



“The sea once it casts its spell holds one in its net of wonder forever.”

— Jacques Cousteau, French Naval Officer & Oceanographer



ROTHESAY HIVE

Activities Calendar: August 2026

Location: Rothesay Town Hall, 70 Hampton Rd
Parking: 65 Hampton Rd, Rothesay
 (506) 799-9240
 KirstinDuffley@Rothesay.ca
 www.rothesay.ca/recreation/rothesayhive
 @RothesayHive

® = **Registration REQUIRED.** Please call or email to register for programs marked with a ®. Include your name, phone number, program type, and dates in your email or voicemail. All programs have a limited capacity and are on a first-come, first-served basis.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 CLOSED New Brunswick Day 6:30PM KV Walkers Walk #9	4 9:30AM Advanced Tai Chi ® 11AM Beginners Tai Chi ® 1:30PM Coffee & Chat 2:30PM Card / Board Games	5 No Flex & Flow No Sittercise	6 10AM SJNC Future Engage: Skin Cancer Prevention with Dr. Doug Keeling ® 7PM Concert in the Common	7 9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5 1:30PM Kennebecasis Public Library Activity ®
10 2PM Mahjong & Bridge 6:30PM KV Walkers Walk #10	11 9:30AM Advanced Tai Chi ® 11AM Beginners Tai Chi ® 1:30PM Coffee & Chat 2:30PM Card / Board Games 7PM Sunset Yoga at Renforth Rotary Park	12 11AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5	13 10AM SJNC Future Engage: Meet Local Authors Ben Wilson & Laura Greer ® 1:30PM Grief Café 7PM Concert in the Common	14 9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5 1:30PM Potluck: Taste of Summer Flavours ®
17 2PM Mahjong & Bridge 6:30PM KV Walkers Walk #11	18 9:30AM Advanced Tai Chi ® 11AM Beginners Tai Chi ® 1:30PM Coffee & Chat 2:30PM Card / Board Games	19 11AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 2:30PM Presentation: ® Fraud Prevention with Scotiabank	20 10AM SJNC Future Engage: Mental Health & Wellness ® 1:30PM Movie Matinee: ® Project Hail Mary (2026) 7PM Concert in the Common	21 9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5 1:30PM Kennebecasis Public Library Activity ®
24 2PM Mahjong & Bridge 6:30PM KV Walkers Walk #12	25 9:30AM Advanced Tai Chi ® 11AM Beginners Tai Chi ® 1:30PM Coffee & Chat 2:30PM Card / Board Games	26 11AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5	27 10AM SJNC Future Engage: Test Your Trivia Brain! ® 1:30PM Book Club ® 7PM Concert in the Common	28 9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5 1:30PM Presentation: ® Volunteer for Urban/Rural Rides
31 2PM Mahjong & Bridge				

PLEASE NOTE: DOORS WILL OPEN APPROXIMATELY 15 MINUTES BEFORE THE SCHEDULED START TIME.

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FOR MORE INFORMATION VIEW OUR ACTIVITY CALENDAR ON OUR WEBSITE!

50+ Fitness ®

Cost: \$5/class

Duration: 1 hr

Instructor: Sharon Randell

This exercise class will return in September.

Chair Yoga ®

Cost: \$5/class

Duration: 1 hr

Instructor: Sharon Randell

Chair yoga will return in September.

Flex & Flow ®

Cost: \$5/class

Duration: 1 hr

Instructor: Deby Siemens

This standing cardio and strength training exercise class will use exercise balls, resistance bands and hand-held weights.

Sittercise ®

Cost: \$5/class

Duration: 1 hr

Instructor: Deby Siemens

Designed to improve strength and balance with complete support of a chair, using exercise balls, resistance bands and small hand-held weights.

Latin Line Dancing ®

Cost: \$5/class

Duration: 1 hr

Instructor: Deby Siemens

Dance routines are for beginner to intermediate dancers. Smooth-bottomed shoes are recommended for this class as the floors are carpeted.

ROTHESAY HIVE: Activities & Programs

Tai Chi at Wells ®

Cost: FREE **Duration:** 1 hr **Type:** André Thelosen

Tai Chi is a non-competitive, self-paced practice that combines gentle physical exercise and stretching through continuous, flowing movements. Classes are held at the Wells Community Centre, 75 French Village Road, the class is held outdoors or indoors depending on weather. Beginner and Advanced level classes are offered. Sponsored by: Kindred Home Care.

Walking Club ®

Cost: FREE **Duration:** 45min - 1 hr **Type:** Group Led

The Walkie Talkies explore the nearby community on foot for some low-impact physical activity and social connection with other members. The weekly walks will start and end at the Rothesay HIVE. Members are encouraged to stay afterwards for tea or coffee.

Coffee & Chat – Tuesdays at 1:30PM

Drop in to enjoy tea and coffee and socialize with other Rothesay HIVE members. This is a great time to check out the HIVE Lending Libraries!

Card & Board Games – Tuesdays at 2:30PM

Drop in to play various card and board games such as cribbage, bridge, phase 10, Scrabble, Yahtzee and more! Tea and coffee provided.

HIVE Lending Libraries: Books, Puzzles, & Pickleball Equipment!

Hive Members can borrow puzzles, books, and sets of pickleball equipment for FREE of charge. Puzzles are to be returned once completed so other members can enjoy them. Due to storage capacity, no donations of large book collections will be accepted. Pickleball equipment must be signed out to borrow and returned.

Hive Book Club ®

The HIVE Book Club meets monthly on the last Thursday of the month to discuss the last book read and decide the next book to read. Members are responsible for obtaining their own copy of each book. Books are often selected based on the availability from the Kennebecasis Public Library.

Mahjong & Bridge Games

Come play the game of Mahjong (American Version) or Bridge with other Rothesay HIVE members. Tea and coffee provided. **Lessons:** Interested in learning how to play Mahjong or Bridge? Join the waitlist to learn when the next round of lesson will be offered!

SJNC: Future Engage ®

Don't miss out on the fun activities this month held by the Saint John Newcomers Centre! Future Engage is bringing seniors and youth together at the Rothesay HIVE. Contact Sydney to register by email: sydney.maceachern@sjnewcomers.ca or phone: (506) 721-1325. **Open to ALL!**

THANK YOU TO OUR SPONSORS





COMMUNITY VOTES

COMMUNITY VOTES Saint John 2026

Vote

FOR THE

ROTHESAY HIVE!

Before Sunday, August 30, at 11:59 pm

Sports, Recreation & Fitness:

Community Groups

Link: bit.ly/4biEbX8



Services:

Community Organization

Link: bit.ly/4fJeb8B



thank you



TASTE OF SUMMER FLAVOURS POTLUCK

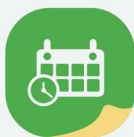
**Let's celebrate the best summer flavours
by coming together for a potluck!**

Register to secure your spot, as spaces are limited.

**Please confirm what food item you'll be bringing
to share, so we can ensure a diverse spread!**

Beverages will be provided.

**1:30PM
AUG 14**



**Rothesay Hive
70 Hampton Rd**

**Note: Doors open no sooner than
15 minutes prior to event start time.**

Registration Required

KirstinDuffley@Rothesay.ca | 506-799-9240





RICC

ROTHESAY INTERGENERATIONAL COMMUNITY COMPLEX

**ACCEPTING ANY & ALL DONATIONS!
HELP US RAISE FUNDS FOR A:**

RICC DEDICATION ITEM HONOURING ROTHESAY HIVERS



ITEM INSCRIPTION WILL READ:

"Rothesay HIVE: In Honour of Past, Present, & Future HIVERS."

**THANK YOU FOR YOUR DONATION!
LEARN MORE: WWW.ROTHESAY.CA/RICC**

