



ROTHESAY HIVE

Activities Calendar: July 2026

Location: Rothesay Town Hall, 70 Hampton Rd
Parking: 65 Hampton Rd, Rothesay
 (506) 799-9240
 KirstinDuffley@Rothesay.ca
 www.rothesay.ca/recreation/rothesayhive
 @RothesayHive

® = **Registration REQUIRED.** Please call or email to register for programs marked with a ®. Include your name, phone number, program type, and dates in your email or voicemail. All programs have a limited capacity and are on a first-come, first-served basis.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|---|
| | | 1 | 2 | 3 |
| | | CLOSED – Canada Day 12PM-3PM Canada Day Celebration on the Rothesay Common | 10AM SJNC Future Engage: Beneath the Surface: Discover Synchronized Swimming ® 7PM Concert in the Common | 9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5 |
| 6 | 7 | 8 | 9 | 10 |
| 2PM Mahjong & Bridge 6:30PM KV Walkers Walk #5 | 9:30AM Advanced Tai Chi ® 11AM Beginners Tai Chi ® 1:30PM Coffee & Chat 2:30PM Card / Board Games | 9:30AM Bee Mobile ® \$5 11AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 | 10AM SJNC Future Engage: Travel Through My Eyes: Colombia ® 1:30PM Grief Café 7PM Concert in the Common | 9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5 1:30PM Kennebecasis Public Library Activity ® |
| 13 | 14 | 15 | 16 | 17 |
| 2PM Mahjong & Bridge 6:30PM KV Walkers Walk #6 | 9:30AM Advanced Tai Chi ® 11AM Beginners Tai Chi ® 1:30PM Coffee & Chat 2:30PM Card / Board Games 7PM Sunset Yoga at Renforth Rotary Park | 9:30AM Bee Mobile ® \$5 11AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 | 10AM SJNC Future Engage: Ros Harrush, Artist ® 1:30PM Presentation: ® Service Canada & Canadian Dental Care Plan Clinic 7PM Concert in the Common | 9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5 1:30PM Workshop: ® A Little Bit Happier: What Science Can Teach Us About Happiness |
| 20 | 21 | 22 | 23 | 24 |
| 2PM Mahjong & Bridge 6:30PM KV Walkers Walk #7 | 9:30AM Advanced Tai Chi ® 11AM Beginners Tai Chi ® 1:30PM Coffee & Chat 2:30PM Card / Board Games 7:15 PM Walk & Talk with David Goss | 9:30AM Bee Mobile ® \$5 11AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 | 10AM SJNC Future Engage: Urban Rural Rides ® 1:30PM Movie Matinee: ® Remarkably Bright Creatures 7PM Concert in the Common | 9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5 1:30PM Kennebecasis Public Library Activity ® |
| 27 | 28 | 29 | 30 | 31 |
| 2PM Mahjong & Bridge 6:30PM KV Walkers Walk #8 | 9:30AM Advanced Tai Chi ® 11AM Beginners Tai Chi ® 1:30PM Coffee & Chat 2:30PM Card / Board Games | 9:30AM Bee Mobile ® \$5 11AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 | 10AM SJNC Future Engage: Brain Health and Dementia ® 1:30PM Book Club ® 7PM Concert in the Common | 9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5 |

Grief Café**Date:** Thursday, July 9, 1:30PM – 3:30PM

Come enjoy a warm beverage and chat with the Compassionate Grief Centre and others on their grief journey in a safe, comfortable, and casual environment. Grief is often associated with the loss of a loved one, however, it is a complex and multifaceted experience that can arise from many types of loss or significant change. Sponsored by: Integrity Home Health Services.

Kennebecasis Public Library Activity ®**Program Length:** 1 hour**Type:** Coordinator Led

Each week the KV Library will bring a main activity—whether it's a craft, writing exercise, or a game—plus some fun extras like DIY kits & books to browse. It's a great chance to get creative, learn something new, and discover more about what your local library has to offer!

Presentation & Clinic: Canadian Dental Care Plan ®**Date:** Thursday, July 16, 1:30PM

Join Trevor Ward with Service Canada for an informative session on the Canadian Dental Care Plan. Following the presentation Trevor will host an application clinic for the CDCP to assist anyone eligible to apply. If you would like assistance to apply for CDCP please bring your government ID and social insurance number (SIN) of yourself and partner (if applicable).

Workshop: A Little Bit Happier ®**Date:** Friday, July 17, 1:30PM

Gentle Path Counselling Services presents an evidence-based workshop to explore the science of happiness. All of us deserve to be happy; & the good news is that happiness is not just a feeling, it's a practice. Through guided exploration and discussion, participants will learn how to shift from “doing” to “being” and align our daily life and habits with a renewed sense of purpose.

Movie Matinee: Remarkably Bright Creatures ®**Date:** Thursday, July 23, 1:30PM

Come enjoy popcorn and a refreshing beverage while watching “Remarkably Bright Creatures” with other Rothesay HIVE members.

Plot: Through unlikely bonds formed during night shifts at a local aquarium, Tova, an elderly widow, learns of a life-changing discovery that may bring her joy and wonder once again.

Stars: Olivia Newman, John Whittington, Shelby Van Pelt**Length:** 1hr 51min**Genre:** Mystery**Year:** 2026**Mahjong & Bridge Games****Program Length:** 2 hours**Type:** Group Led

Come play the game of Mahjong (*American Version*) or Bridge with other Rothesay Hive members. Tea and coffee provided.

Lessons: Interested in learning how to play Mahjong or Bridge? Join the waitlist to learn when the next round of lesson will be offered!

Coffee & Chat**Program Length:** 1 hour**Type:** Social

Drop in to enjoy a beverage and socialize. Check out the Hive Libraries, Bulletin, and Resources. Sponsored by: Parkland in the Valley.

Card & Board Games**Program Length:** 1.5 hours**Type:** Group Led

Drop in to play various card and board games such as cribbage, phase 10, Scrabble, Yahtzee and more! Tea and coffee provided.

Rothesay's Summer Events & Programs: No Charge, All Welcome, & No Registration Required

Learn more online about Rothesay's seasonal recreational events & programs, including (Noted on the Calendar in **GREY**); Canada Day, Concert in the Common, Sunset Yoga at Renforth Rotary Park, Walk & Talk with David Goss, and KV Walkers 2026 Walks, & more here:

www.rothesay.ca/recreation/seasonal-programs/

HIVE Book Club Meeting ® **Program Length:** 1.5 hours **Type:** Group Led

The HIVE Book Club meets each month to discuss the last book read and decide on the next book to read. Members are responsible for obtaining their own copy of each book, typically chosen books are available at the KV Public Library. Tea and coffee provided.

Lending Libraries: Books, Puzzles, & Pickleball Equipment!

Hive Members can borrow puzzles, books, and sets of pickleball equipment for FREE. Pickleball equipment must be signed out to borrow.

50+ Fitness ® **Cost:** \$5 / Class **Program Length:** 1 hour **Instructor:** Sharon Randell

This exercise class will return in September.

Chair Yoga ® **Cost:** \$5 / Class **Program Length:** 1 hour **Instructor:** Sharon Randell

Chair yoga will return in September.

Bee Mobile ® **Cost:** \$5 / Class **Program Length:** 1 hour **Instructor:** Catt Ferguson

Improve your mobility, range of motion and balance using your own body weight. Complete these sessions standing or seated.

Flex & Flow ® **Cost:** \$5 / Class **Program Length:** 1 hour **Instructor:** Deby Siemens

This standing cardio and strength training exercise class will use exercise balls, resistance bands and hand-held weights.

Sittercise ® **Cost:** \$5 / Class **Program Length:** 1 hour **Instructor:** Deby Siemens

Designed to improve strength and balance with complete support of a chair, using exercise balls, resistance bands and 1-pound weights.

Tai Chi: Advanced & Beginners ® **Cost:** No charge **Program Length:** 1 hour **Instructor:** André Thelosen

A non-competitive, self-paced practice that combines gentle physical exercise and stretching through continuous, flowing movements. Location: Wells Community Centre, 75 French Village Road, summer sessions are held outdoors. Sponsored by: Kindred Home Care.

Walking Club “The Walkie Talkies” ® **Cost:** No charge **Walk Length:** 45min - 1 hour **Type:** Volunteer Led

The Walkie Talkies will explore the nearby community for some low-impact physical activity and social connection with other HIVE members. The weekly walks will start and end at the Rothesay HIVE. Members are encouraged to stay afterwards for tea or coffee.

Latin Line Dancing ® **Cost:** \$5 / Class **Program Length:** 1 hour **Instructor:** Deby Siemens

Dance routines are for beginner to intermediate dancers. Smooth bottomed shoes are recommended to be worn for this class.

Programs offered by the Saint John Newcomers Centre (SJNC) are FREE & OPEN to everyone! Register by contacting SJNC↓

® REGISTER by contacting the SJNC Coordinator, Sydney MacEachern: sydney.maceachern@sjnewcomers.ca | (506) 721-1325

SJNC: Future Engage – Seniors Community (50+) ® **Thursdays 10AM-12PM** **Type:** SJNC Coordinator Led

A free weekly Seniors & Youth Engagement Project that creates intergenerational & multicultural connections. All are welcome to attend!

SJNC: English Conversation Class ® **Returning in September** **Type:** SJNC Coordinator Led

Come practice and improve your English in a friendly & casual environment. This free class is open to all regardless of immigration status.