



ROTHESAY HIVE

Activities Calendar: May 2026

Location: Rothesay Town Hall, 70 Hampton Rd
Parking: 65 Hampton Rd, Rothesay
 (506) 799-9240
 KirstinDuffley@Rothesay.ca
 www.rothesay.ca/recreation/rothesayhive
 @RothesayHive

® = **Registration REQUIRED.** Please call or email to register for programs marked with a ®. Include your name, phone number, program type, and dates in your email or voicemail. All programs have a limited capacity and are on a first-come, first-served basis.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
REMINDER: Purchase the Rothesay HIVE Membership for 2026 to access programs & events.				9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5
4	5	6	7	8
9:30AM 50+ Fitness ® \$5 11AM Chair Yoga ® \$5 2PM Mahjong & Bridge	9:30AM Advanced Tai Chi ® 11AM Beginners Tai Chi ® 1:30PM Coffee & Chat 2:30PM Card/Board Games	9:30AM Bee Mobile ® \$5 11AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 3PM SJNC: English Conversation Classes ®	10AM SJNC Future Engage: Gardening Tips ® 1:30PM Movie Matinee: Hamnet (2025) ®	9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5
11	12	13	14	15
9:30AM 50+ Fitness ® \$5 11AM Chair Yoga ® \$5 2PM Mahjong & Bridge	9:30AM Advanced Tai Chi ® 11AM Beginners Tai Chi ® 1:30PM Coffee & Chat 2:30PM Card/Board Games	9:30AM Bee Mobile ® \$5 11AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 3PM SJNC: English Conversation Classes ®	10AM SJNC Future Engage: Oldies 96 ® 1:30PM Grief Café	9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5 2PM-4PM Canadian Dental Care Plan Renewal Clinic (Drop-In)
18	19	20	21	22
CLOSED Victoria Day	9:30AM Advanced Tai Chi ® 11AM Beginners Tai Chi ® 1:30PM Coffee & Chat 2:30PM Card/Board Games	9:30AM Bee Mobile ® \$5 11AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 3PM SJNC: English Conversation Classes ®	10AM SJNC Future Engage: The Link Program ® 1:30PM Presentation: Rightsizing Your Life ®	9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5 1:30PM Potluck: Rothesay HIVE's 7 th Birthday Party ®
25	26	27	28	29
No 50+ Fitness No Chair Yoga 2PM Mahjong & Bridge	9:30AM Advanced Tai Chi ® 11AM Beginners Tai Chi ® 1:30PM Coffee & Chat 2:30PM Card/Board Games	9:30AM Bee Mobile ® \$5 11AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 3PM SJNC: English Conversation Classes ®	10AM SJNC Future Engage: Travel Through My Eyes, Brazil ® 1:30PM Book Club ®	9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5

Movie Matinee: Hamnet ®**Date:** Thursday, May 7, at 1:30PM

Come enjoy popcorn and a refreshing beverage while watching “Hamnet” with other Rothesay HIVE members.

Plot: William Shakespeare and his wife, Agnes, celebrate the birth of their son, Hamnet. However, when tragedy strikes and Hamnet dies at a young age, it inspires Shakespeare to write his timeless masterpiece "Hamlet."

Stars: Jessie Buckley, Paul Mescal, Zac Wishart**Movie Length:** 2hr 5min**Genre:** Drama / Historical**Year:** 2025**Grief Café****Date:** Thursday, May 14, at 1:30PM – 3:30PM

Come enjoy a warm beverage and chat with the Compassionate Grief Centre and others on their grief journey in a safe, comfortable, and casual environment. Grief is often associated with the loss of a loved one, however, it is a complex and multifaceted experience that can arise from many types of loss or significant change. Sponsored by: Integrity Home Health Services.

Canadian Dental Care Plan Renewal Clinic**Date:** Friday, May 15, at 2:00PM – 4:00PM (Drop-In)

Canadian Dental Care Plan (CDCP) renewal is from April 15 to June 1, 2026. It is required that all members of the CDCP renew each year to confirm eligibility. It is important to renew during the renewal period to avoid any gaps in coverage. Service Canada’s Community Outreach and Liaison Service (COLS) is hosting this free CDCP renewal clinic at the Rothesay HIVE to support community members during this period. **Required to Renew Dental Care Plan Membership:** Complete 2025 Income Taxes, Bring your ID, Social Insurance Number, current Dental Care Member Card and or the renewal letter (membership ID# required for renewal).

Presentation: Rightsizing Your Life ®**Date:** Thursday, May 21, at 1:30PM

Join Realtor Andrea Davies for a practical and approachable session on “rightsizing” your home. Learn what rightsizing really means, why many adults 50+ consider a move, and how to navigate the emotional and practical sides of the process. This session will cover housing options, financial benefits, decluttering tips, and how to know when the time is right. Offering helpful insights to start planning ahead.

Potluck: Rothesay HIVE’s 7th Birthday Party ®**Date:** Friday, May 22, at 1:30PM

Celebrate the Rothesay HIVE’s Birthday by coming together for a potluck! Register to secure your spot as there are limited spaces. Please confirm your food item ahead of time to ensure a diverse spread. If you are unable to bring a food item or have dietary restrictions, please advise. Birthday cake & Beverages will be provided. Doors open 15 min prior to start time.

Mahjong & Bridge Games**Program Length:** 2 hours**Type:** Group Led

Come play the game of Mahjong (*American Version*) or Bridge with other Rothesay Hive members. Tea and coffee provided.

Lessons: Interested in learning how to play Mahjong or Bridge? Join the waitlist to learn when the next round of lesson will be offered!

Coffee & Chat**Program Length:** 1 hour**Type:** Social

Drop in to enjoy a beverage and socialize. Check out the Hive Libraries, Bulletin, and Resources. Sponsored by: Parkland in the Valley.

Card & Board Games**Program Length:** 1.5 hours**Type:** Group Led

Drop in to play various card and board games such as cribbage, phase 10, Scrabble, Yahtzee and more! Tea and coffee provided.

HIVE Book Club Meeting ® **Program Length:** 1.5 hours **Type:** Group Led

The HIVE Book Club meets each month to discuss the last book read and decide on the next book to read. Members are responsible for obtaining their own copy of each book, typically chosen books are available at the KV Public Library. Tea and coffee provided.

Lending Libraries: Books, Puzzles, & Pickleball Equipment!

Hive Members can borrow puzzles, books, and sets of pickleball equipment for FREE. Pickleball equipment must be signed out to borrow.

50+ Fitness ® **Cost:** \$5 / Class **Program Length:** 1 hour **Instructor:** Sharon Randell

This exercise class includes warm-up stretching, use of exercise balls, resistance bands and hand-held weights.

Chair Yoga ® **Cost:** \$5 / Class **Program Length:** 1 hour **Instructor:** Sharon Randell

Chair yoga is a form of yoga as therapy that is practised sitting on a chair or standing using a chair for support.

Bee Mobile ® **Cost:** \$5 / Class **Program Length:** 1 hour **Instructor:** Catt Ferguson

Improve your mobility, range of motion and balance using your own body weight. Complete these sessions standing or seated.

Flex & Flow ® **Cost:** \$5 / Class **Program Length:** 1 hour **Instructor:** Deby Siemens

This standing cardio and strength training exercise class will use exercise balls, resistance bands and hand-held weights.

Sittercise ® **Cost:** \$5 / Class **Program Length:** 1 hour **Instructor:** Deby Siemens

Designed to improve strength and balance with complete support of a chair, using exercise balls, resistance bands and 1-pound weights.

Tai Chi: Advanced & Beginners ® **Cost:** No charge **Program Length:** 1 hour **Instructor:** André Thelosen

A non-competitive, self-paced practice that combines gentle physical exercise and stretching through continuous, flowing movements. Location: Wells Community Centre, 75 French Village Road, classes are held outdoors or indoors. Sponsored by: Kindred Home Care.

Walking Club “The Walkie Talkies” ® **Cost:** No charge **Walk Length:** 45min - 1 hour **Type:** Volunteer Led

The Walkie Talkies will explore the nearby community for some low-impact physical activity and social connection with other HIVE members. The weekly walks will start and end at the Rothesay HIVE. Members are encouraged to stay afterwards for tea or coffee.

Latin Line Dancing ® **Cost:** \$5 / Class **Program Length:** 1 hour **Instructor:** Deby Siemens

Dance routines are for beginner to intermediate dancers. Smooth bottomed shoes are recommended to be worn for this class.

Programs offered by the Saint John Newcomers Centre (SJNC) are FREE & OPEN to everyone! Register by contacting SJNC↓

® REGISTER by contacting the SJNC Coordinator, Sydney MacEachern: sydney.maceachern@sjnewcomers.ca | (506) 721-1325

SJNC: Future Engage – Seniors Community (50+) ® **Thursdays 10AM-12PM** **Type:** SJNC Coordinator Led

A free weekly Seniors & Youth Engagement Project that creates intergenerational & multicultural connections. All are welcome to attend!

SJNC: English Conversation Class ® **Wednesdays 3PM-4PM** **Type:** SJNC Coordinator Led

Come practice and improve your English in a friendly & casual environment. This free class is open to all regardless of immigration status.