



# ROTHESAY HIVE – AGE FRIENDLY COMMUNITY CENTRE

## December Newsletter

The Rothesay HIVE Age Friendly Community Centre’s Mission is to be a gathering place to nurture the health and well-being of adults (50+) through a hub of activities that focus on socialization, connection, health and wellness, intergenerational programming, lifelong learning, and outreach.



### Movie Matinee ®

Come enjoy popcorn and a refreshing beverage while watching a movie with other Rothesay HIVE members!

**REGISTRATION IS REQUIRED.**

#### Dear Santa (2024)

**Plot:** When a young boy mails his Christmas wish list to Santa with one crucial spelling error, a devilish Jack Black arrives to wreak havoc on the holidays.

**Stars:** Jack Black, Robert Timothy Smith, Keegan-Michael Key


**Movie Length:** 1hr 47min

**Genre:** Comedy

### Contact Us:

 **Website:**  
[www.rothesay.ca/recreation/rothesay-hive/](http://www.rothesay.ca/recreation/rothesay-hive/)

 **Facebook:** @RothesayHive  
[www.facebook.com/groups/RothesayHive/](https://www.facebook.com/groups/RothesayHive/)

 **Phone:**  
506-799-9240

 **Email:**  
[kirstinduffley@rothesay.ca](mailto:kirstinduffley@rothesay.ca)

 **Parking:**  
65 Hampton Road, Rothesay NB



# The Buzz

## BULLETIN BOARD

Here is where you can find more information about programs, events and services that are available at the Rothesay HIVE, in our community, and across Canada.



### 11<sup>th</sup> Annual Mayor's Tree Lighting – December 10<sup>th</sup>, 2025

- ▶ Join Mayor Nancy Grant and Rothesay Town Council for the Mayor's Tree Lighting, featuring live music by Rock n' Roll Cowgirl! We'll also be sharing exciting updates about the RICC. **When:** Wednesday, December 10, at 7PM, at the Rothesay Common



### Holiday Potluck – Wear Your Ugly Sweaters/Holiday Attire ®

- ▶ Let's celebrate the Holiday Season in style. Wear your festive holiday attire for a chance to win a present! Please confirm your food item ahead of time to ensure a diverse spread. Beverages provided. Doors open 15 min prior to start time of the Potluck. **Registration Required. When:** Thursday, December 11, at 1:30PM



### Presentation: Compassionate Grief Centre ®

- ▶ Meet the Compassionate Grief Centre, learn about their charity and the free programs they offer. **Registration is required. When:** Friday, December 12, at 2:00 PM



### KV Go Non-Rider Survey Closes on December 16

- ▶ If you didn't have a chance to ride KV Go, please take a few minutes to share why. Your input will help us understand what worked, what could improve, and whether residents would use a similar service in the future.

Survey Link: <https://bit.ly/KVGoNonRider> | **Deadline:** December 16, 2025



### Volunteers Needed at Rothesay Elementary School

- ▶ RES is looking for volunteers to lead fun clubs once a week at lunchtime (12:30–1:30pm) for 3 or 6 weeks, starting January 12 for their Grade 3-5 students. Each club has about 8–12 students. You choose the theme! Past favorites: chess, board games, drawing, crocheting, gardening, cooking, play doh sculpting, Rubik's cubing... and we'd love new ideas too! A vulnerable sector record check is required (they'll help with the process). **Dates:** Jan 12 – Feb 23 **Time:** Once a week, 12:30–1:30pm

If you'd like to volunteer or chat about ideas, please reach out:

[Melanie.KoteffBackman@nbed.nb.ca](mailto:Melanie.KoteffBackman@nbed.nb.ca)



“Sometimes the best Christmas present is remembering what you've already got.”

— Cathy Guisewite, American Cartoonist & Creator of “Cathy” Comic Strip



# ROTHESAY HIVE

## Activities Calendar: DECEMBER 2025

**Location:** Rothesay Town Hall, 70 Hampton Rd  
**Parking:** 65 Hampton Rd, Rothesay  
 (506) 799-9240  
 KirstinDuffley@Rothesay.ca  
 www.rothesay.ca/recreation/rothesayhive  
 @RothesayHive

® = **Registration REQUIRED.** Please call or email to register for programs marked with a ®. Include your name, phone number, program type, and dates in your email or voicemail. All programs have a limited capacity and are on a first-come, first-served basis.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 9:30AM 50+ Fitness ® \$5 11AM Chair Yoga ® \$5 Seniors Hockey 11:30AM Seniors Skating 12:45PM 2PM Mahjong & Bridge	2 1:30PM Coffee & Chat 2:30PM Card/Board Games	3 9:30AM Bee Mobile ® \$5 11AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chat 3PM SJNC: English Convo. ®	4 10AM SJNC Future Engage: David Goss Holiday Stories ® 1:30PM Tai Chi at Wells ® 1:30PM <b>Movie Matinee:</b> Dear Santa (2024) ®	5 9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5
8 9:30AM 50+ Fitness ® \$5 11AM Chair Yoga ® \$5 Seniors Hockey 11:30AM Seniors Skating 12:45PM 2PM Mahjong & Bridge	9 1:30PM Coffee & Chat 2:30PM Card/Board Games	10 9:30AM Bee Mobile ® \$5 11AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chat 3PM SJNC: English Convo. ®	11 10AM SJNC Future Engage: Craig Lang, Alice Creator & Crew ® 1:30PM Tai Chi at Wells ® 1:30PM <b>Ugly Holiday Sweater Potluck</b> ®	12 9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5 2PM <b>Presentation:</b> Compassionate Grief Centre ®
15 9:30AM 50+ Fitness ® \$5 11AM Chair Yoga ® \$5 Seniors Hockey 11:30AM Seniors Skating 12:45PM 2PM Mahjong & Bridge	16 1:30PM Coffee & Chat 2:30PM Card/Board Games	17 9:30AM Bee Mobile ® \$5 11AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chat 3PM SJNC: English Convo. ®	18 10AM SJNC Future Engage: Holiday Traditions Chat ® 1:30PM Tai Chi at Wells ® 1:30PM <b>Book Club</b> ®	19 9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5
22 <b>CLOSED FOR THE HOLIDAYS</b> The Rothesay HIVE will reopen on Monday, January 5, 2026.	23	24	25	26
29	30	31		

PLEASE NOTE: DOORS WILL OPEN APPROXIMATELY 15 MINUTES BEFORE THE SCHEDULED START TIME.

Page 1 of 3

### FOR MORE INFORMATION VIEW OUR ACTIVITY CALENDAR ON OUR WEBSITE!

**50+ Fitness ®** Cost: \$5/class Duration: 1 hr Instructor: Sharon Randell  
 This exercise class includes warm-up stretching, use of exercise balls, resistance bands and hand-held weights.

**Chair Yoga ®** Cost: \$5/class Duration: 1 hr Instructor: Sharon Randell  
 Chair yoga is a form of yoga as therapy that is practiced sitting on a chair or standing using a chair for support.

**Bee Mobile ®** Cost: \$5/class Duration: 1 hr Instructor: Catt Ferguson  
 Improve your mobility, range of motion and balance using your own bodyweight. Complete these sessions standing or seated.

**Flex & Flow ®** Cost: \$5/class Duration: 1 hr Instructor: Deby Siemens  
 This standing cardio and strength training exercise class will use exercise balls, resistance bands and hand-held weights.

**Sittercise ®** Cost: \$5/class Duration: 1 hr Instructor: Deby Siemens  
 Designed to improve strength and balance with complete support of a chair, using exercise balls, resistance bands and small hand-held weights.

**Latin Line Dancing ®** Cost: \$5/class Duration: 1 hr Instructor: Deby Siemens  
 Dance routines are for beginner to intermediate dancers. Smooth-bottomed shoes are recommended for this class as the floors are carpeted.

# ROTHESAY HIVE: Activities & Programs

## **Tai Chi Thursdays at Wells** ®

**Cost:** FREE **Duration:** 1 hr **Type:** André Thelosen

Tai Chi is a non-competitive, self-paced practice that combines gentle physical exercise and stretching through continuous, flowing movements. Classes will be held at the Wells Community Centre, 75 French Village Road, depending on weather the class will be held outdoors or indoors. Sponsored by Kindred Home Care.

## **Walking Club** ®

**Cost:** FREE **Duration:** 45min - 1 hr **Type:** Group Led

The Walkie Talkies explore the nearby community on foot for some low-impact physical activity and social connection with other members. The weekly walks will start and end at the Rothesay HIVE. Members are encouraged to stay afterwards for tea or coffee.

## **Coffee & Chat – Tuesdays & Wednesdays at 1:30PM**

Drop in to enjoy tea and coffee and socialize with other Rothesay HIVE members. This is a great time to check out the HIVE Lending Libraries!

## **Card & Board Games**

Drop in to play various card and board games such as cribbage, bridge, phase 10, Scrabble, Yahtzee and more! Tea and coffee provided.

## **HIVE Lending Libraries: Books, Puzzles, & Pickleball Equipment!**

Hive Members can borrow puzzles, books, and sets of pickleball equipment for FREE of charge. Puzzles are to be returned once completed so other members can enjoy them. Due to storage capacity, no donations of large book collections will be accepted. Pickleball equipment must be signed out to borrow and returned.

## **Hive Book Club** ®

The HIVE Book Club meets monthly on the last Thursday of the month to discuss the last book read and decide the next book to read. Members are responsible for obtaining their own copy of each book. Books are often selected based on the availability from the Kennebecasis Public Library.

## **Mahjong & Bridge Games**

Come play the game of Mahjong (American Version) or Bridge with other Rothesay HIVE members. Tea and coffee provided.

## **SJNC: Future Engage** ®

Don't miss out on the fun activities this month held by the Saint John Newcomers Centre! Future Engage is bringing seniors and youth together at the Rothesay HIVE. Contact Fouzia Bouazzaoui to register by email: [fouzia.bouazzaoui@sjnewcomers.ca](mailto:fouzia.bouazzaoui@sjnewcomers.ca) or phone: (506) 721-1325. **Open to ALL!**

## THANK YOU TO OUR SPONSORS



Rothesay



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Health Solutions

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RETIREMENT LIVING  
IN THE VALLEY



ROTHESAY

Holiday

FOOD DRIVE

SPREAD HOLIDAY CHEER & MAKE A  
DIFFERENCE IN OUR COMMUNITY!

COLLECTING NON-PERISHABLE FOOD ITEMS

ACCEPTING DONATIONS UNTIL:

**DEC. 12 2025**

**ROTHESAY TOWN HALL**

70 HAMPTON RD. ROTHESAY  
(BOXES UNDER CHRISTMAS TREE)

ALL DONATIONS WILL SUPPORT:

**THE KV FOOD BASKET!**

FOR MORE INFORMATION:

506-848-6600

