

# **ROTHESAY HIVE**

## **Activities Calendar: OCTOBER 2025**

**Location:** Rothesay Town Hall, 70 Hampton Rd **Parking:** 65 Hampton Rd, Rothesay

**(**506) 799-9240

KirstinDuffley@Rothesay.ca

www.rothesay.ca/recreation/rothesayhive

@RothesayHive

**® = Registration REQUIRED.** Please call or email to register for programs marked with a **®**. Include your name, phone number, program type, and dates in your email or voicemail. All programs have a limited capacity and are on a first-come, first-served basis.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
Rothesay Arena: Mondays		9:30AM Bee Mobile ® \$5	<b>10AM</b> SJNC Future Engage ®	9:30AM Walking Club ®
Seniors Hockey 11:30AM		<b>11AM</b> Flex & Flow <b>® \$5</b>	1:30PM Tai Chi at Wells ®	11AM Latin Line Dancing ® \$5
Seniors Skating 12:45PM		12:30PM Sittercise ® \$5		1:30PM Potluck:
		1:30PM Coffee & Chat		Friendsgiving ®
		3PM SJNC: English Convo. ®		
6	7	8	9	10
9:30AM 50+ Fitness ® \$5	1:30PM Coffee & Chat	<b>9:30AM</b> Bee Mobile <b>® \$5</b>	<b>10AM</b> SJNC Future Engage ®	9:30AM Walking Club ®
11AM Chair Yoga ® \$5	2:30PM Card/Board Games	<b>11AM</b> Flex & Flow <b>® \$5</b>	1:30PM Tai Chi at Wells ®	11AM Latin Line Dancing ® \$5
<b>2PM</b> Mahjong & Bridge		12:30PM Sittercise ® \$5	1:30PM Grief Café with	
		1:30PM Coffee & Chat	Jennifer & Winnie	
		3PM SJNC: English Convo. ®		
13	14	15	16	17
CLOSED	1:30PM Coffee & Chat	9:30AM Bee Mobile ® \$5	<b>10AM</b> SJNC Future Engage ®	9:30AM Walking Club ®
Thanksgiving Day	2:30PM Card/Board Games	<b>11AM</b> Flex & Flow <b>® \$5</b>	1:30PM Tai Chi at Wells ®	NO LATIN LINE DANCING
		12:30PM Sittercise ® \$5	1:30PM Movie Matinee:	
		<b>2PM Fashion Show</b>	Beetlejuice (1988) ®	
		3PM SJNC: English Convo. ®		
20	21	22	23	24
9:30AM 50+ Fitness ® \$5	1:30PM Coffee & Chat	9:30AM Bee Mobile ® \$5	<b>10AM</b> SJNC Future Engage ®	9:30AM Walking Club ®
11AM Chair Yoga ® \$5	2:30PM Card/Board Games	NO FLEX AND FLOW	1:30PM Tai Chi at Wells ®	NO LATIN LINE DANCING
<b>2PM</b> Mahjong & Bridge		NO SITTERCISE	2PM Presentation: Fire	
		1:30PM Coffee & Chat	Safety with KVFD ®	
		3PM SJNC: English Convo. ®		
27	28	29	30	31
<b>9:30AM</b> 50+ Fitness ® <b>\$5</b>	1:30PM Coffee & Chat	9:30AM Bee Mobile ® \$5	<b>10AM</b> SJNC Future Engage ®	9:30AM Walking Club ®
11AM Chair Yoga ® \$5	2:30PM Card/Board Games	NO FLEX AND FLOW	1:30PM Tai Chi at Wells ®	NO LATIN LINE DANCING
<b>2PM</b> Mahjong & Bridge		NO SITTERCISE	1:30PM Book Club ®	1:30PM Movie Matinee:
		1:30PM Coffee & Chat		Beetlejuice Beetlejuice (2024) ®
		<b>3PM</b> SJNC: English Convo. ®		(2027) 😡

#### Potluck: Friendsgiving ®

**Date:** Friday, October 3, at 1:30PM

Let's celebrate Thanksgiving and the Harvest Season by coming together for a potluck! Register to secure your spot as there are limited spaces. Please confirm what food item you'll be bringing to share, so we can ensure a diverse spread. Beverages are provided. **Doors will open 15 minutes prior to start time of the Potluck.** 

#### **Grief Café with Jennifer & Winnie**

Date: Thursday, October 9, at 1:30PM – 3:30PM

Come enjoy tea or coffee with Jennifer Doherty (End of Life Consultant, Grief Advocate & Death Doula), Winnie (Therapy Dog) and others on their grief journey. This is a great opportunity to talk with peers in a safe and comfortable environment. Grief is often associated with the loss of a loved one, however, it is a complex and multifaceted experience that can arise from many types of loss or significant change.

#### Fashion Show – RICC Fundraiser – Bill McGuire Centre

Date: Wednesday, October 15, at 2:00PM

Join us for a Fashion Show celebrating women of all ages with Certified Stylist and Image Consultant Lorraine Peters.

Intergenerational models will be wearing clothing provided by Boutique Zekara, while demonstrating how to age well with confidence.

Admittance by Donation to the Rothesay Intergenerational Community Complex (RICC) Community Fundraising Campaign.

Where: Bill McGuire Memorial Centre, 95 James Renforth Drive | Light Refreshments Provided | Doors Open at 2:00PM

#### Movie Matinee: Beetlejuice (1988) ®

Date: Thursday, October 16, at 1:30PM

Come enjoy popcorn and a refreshing beverage while watching "Beetlejuice" with other Rothesay HIVE members.

**Plot**: The spirits of a deceased couple are harassed by an unbearable family that has moved into their home, and hire a malicious spirit to drive them out.

Stars: Alec Baldwin, Geena Davis, Michael Keaton Movie Length: 1hr 32 min Genre: Comedy / Fantasy / Horror

## Presentation: Fire Safety: Protecting Your Home and Family ® Date: Thursday, October 23, at 2:00PM

Join the KV Fire Department for a practical session on home fire safety. This year's Fire Prevention Week highlights lithium-ion battery safety, which will be covered in the presentation along with other essentials such as smoke alarms, carbon monoxide detectors, civic signs, fire blankets, and fire extinguishers. Whether refreshing your knowledge or learning something new, you'll leave with simple, life-saving tips to help protect you, your home, and your family.

#### **Movie Matinee: Beetlejuice Beetlejuice (2024) ®**

Date: Friday, October 31, at 1:30PM

Come enjoy popcorn and a refreshing beverage while watching "Beetlejuice Beetlejuice" with other Rothesay HIVE members.

**Plot**: After a family tragedy, three generations of the Deetz family return home to Winter River. Still haunted by Beetlejuice, Lydia's life is turned upside down when her teenage daughter, Astrid, accidentally opens the portal to the Afterlife.

Stars: Michael Keaton, Winona Ryder, Catherine O'Hara Movie Length: 1hr 45 min Genre: Comedy / Fantasy / Horror

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### Mahjong & Bridge Games

**Program Length: 2 hours** 

Type: Group Led

Come play the game of Mahjong (American Version) or Bridge with other Rothesay Hive members. Tea and coffee provided.

Lessons ®: Interested in learning how to play Mahjong or Bridge? Join the waitlist to learn when the next round of lesson will be offered!

Coffee & Chat **Program Length:** 1 hour Type: Social

Drop in to enjoy tea or coffee and socialize with other Rothesay Hive members. This is a great time to check out the Hive Libraries.

**Card & Board Games Program Length:** 1.5 hours Type: Group Led

Drop in to play various card and board games such as cribbage, phase 10, Scrabble, Yahtzee and more! Tea and coffee provided.

**HIVE Book Club Meeting ®** 

**Program Length:** 1.5 hours Type: Group Led

The HIVE Book Club meets each month to discuss the last book read and decide on the next book to read. Members are responsible for obtaining their own copy of each book, typically chosen books are available at the KV Public Library. Tea and coffee provided.

## Lending Libraries: Books, Puzzles, & Pickleball Equipment!

Hive Members can borrow puzzles, books, and sets of pickleball equipment for FREE. Pickleball equipment must be signed out to borrow.

#### Town of Rothesay - Rothesay Arena: Older Adult Scheduled Ice Time

The Rothesay Arena will open for its 54<sup>th</sup> season on Monday, October 6<sup>th</sup>, 2025. Note: These scheduled events may vary due to other special events. Please check our website, social media, or call ahead to confirm: www.rothesay.ca/recreation/facilities/rothesay-arena/

Seniors HOCKEY

Mondays 11:30am-12:30pm

No Charge

Starts: October 13, 2025 | Ends: March 30, 2026

Seniors SKATING

Mondays 12:45pm-1:45pm

No Charge

Starts: October 13, 2025 | Ends: March 30, 2026







www.KVGo.org

FREE | ACCESSIBLE | LOCAL TRANSPORTATION

**Instructor:** Sharon Randell

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50+ Fitness ® Cost: \$5 / Class Program Length: 1 hour

This exercise class includes warm-up stretching, use of exercise balls, resistance bands and hand-held weights.

Chair Yoga ® Cost: \$5 / Class **Program Length:** 1 hour **Instructor:** Sharon Randell

Chair yoga is a form of yoga as therapy that is practised sitting on a chair or standing using a chair for support.

**Bee Mobile ®** Cost: \$5 / Class Program Length: 1 hour **Instructor:** Catt Ferguson

Improve your mobility, range of motion and balance using your own body weight. Complete these sessions standing or seated.

Flex & Flow ® Program Length: 1 hour **Instructor:** Deby Siemens Cost: \$5 / Class

This standing cardio and strength training exercise class will use exercise balls, resistance bands and hand-held weights.

Sittercise ® Cost: \$5 / Class Program Length: 1 hour **Instructor:** Deby Siemens

Designed to improve strength and balance with complete support of a chair, using exercise balls, resistance bands and 1-pound weights.

Tai Chi at Wells Recreation Park ® Cost: Free Program Length: 1 hour **Instructor:** André Thelosen

Tai Chi is a non-competitive, self-paced practice that combines gentle physical exercise and stretching through continuous, flowing movements. Classes will be held at the Wells Community Centre, 75 French Village Road, depending on weather and availability the class will be held **outdoors or indoors**. All skill levels are welcome to join this free weekly program sponsored by Kindred Home Care.

Walking Club "The Walkie Talkies" ®

Walk Length: 45min - 1 hour Type: Volunteer Led

The Walkie Talkies will explore the nearby community on foot for some low-impact physical activity and social connection with other members. The weekly walks will start and end at the Rothesay HIVE. Members are encouraged to stay afterwards for tea or coffee.

**Latin Line Dancing ® Program Length:** 1 hour Cost: \$5 / Class **Instructor:** Deby Siemens

Dance routines are for beginner to intermediate dancers. Smooth bottomed shoes are recommended to be worn for this class.

Programs offered by the Saint John Newcomers Centre (SJNC) are FREE and OPEN to everyone. Register by contacting SJNC.

SJNC: Future Engage – Seniors Community (50+) ® Thursdays 10AM-12PM **Type:** Coordinator Led

A weekly Seniors and Youth Engagement Project that will create intergenerational connections. All are welcome to attend free of charge! Register by contacting the SJNC Coordinator: Fouzia Bouazzaoui, by fouzia.bouazzaoui@sjnewcomers.ca or (506) 721-1325.

SJNC: English Conversation Class ®

Wednesdays 3PM-4PM Type: Coordinator Led

Come practice and improve your English in a casual environment. This class is open to all regardless of your immigration status. You can also join the class via Zoom. Register with Fouzia Bouazzaoui, by fouzia.bouazzaoui@sjnewcomers.ca or (506) 721-1325.