



ROTHESAY HIVE – AGE FRIENDLY COMMUNITY CENTRE

August Newsletter

The Rothesay HIVE Age Friendly Community Centre's **Mission** is to be a gathering place to nurture the health and well-being of adults (50+) through a hub of activities that focus on socialization, connection, health and wellness, intergenerational programming, lifelong learning, and outreach.



Movie Matinee®

Come enjoy popcorn and a refreshing beverage while watching "The Pink Panther" with other Rothesay HIVE members on **Thursday, August 21, at 1:30 PM!**

Registration is required.

Plot: Bumbling Inspector Clouseau must solve the murder of a famous soccer coach and find out who stole the infamous Pink Panther diamond.

Year: 2006 **Movie Length:** 1h 33m

Stars: Len Blum, Steve Martin, Michael Saltzman

Genres: Comedy / Mystery

The poster features a red curtain background. At the top, a marquee sign with yellow lights reads 'MOVIE MATINEE'. Below it, a movie poster for 'The Pink Panther' starring Steve Martin as Inspector Clouseau is shown. To the right of the movie poster, the date '21 AUG' and time '1:30 PM' are displayed in large white letters. Below the date, it says 'ROTHESAY HIVE | FREE FOR MEMBERS'. At the bottom, there is a pile of popcorn, film reels, and movie tickets. The registration information is at the bottom: 'REGISTRATION: (506) 799-9240 KIRSTINDUFFLEY@ROTHESAY.CA'.

Contact Us:



Website:

www.rothesay.ca/recreation/rothesay-hive/



Facebook: @RothesayHive

www.facebook.com/groups/RothesayHive/



Phone:

506-799-9240



Email:

kirstinduffley@rothesay.ca



Parking:

65 Hampton Road, Rothesay NB



BULLETIN BOARD

Here is where you can find more information about programs, events and services that are available at the Rothesay HIVE, in our community, and across Canada.

Kennebecasis Public Library Pop-Up – Fridays at 2:30 PM ®



- ▶ The Kennebecasis Public Library is popping up at the Rothesay HIVE! Each visit will feature a main activity—whether it's a craft, reading-aloud, or a game—plus some fun extras like DIY kits (including knitting and crocheting) and books to browse. It's a great chance to get creative, learn something new, and discover more about what your local library has to offer! There is no charge for this program - come and join in on the fun!

Presentation: RICC Fundraising Campaign ®



- ▶ An overview of the Rothesay Intergenerational Community Complex (RICC) project and the exciting plans underway to bring it to life. It also highlights the \$3 million Community Fundraising Campaign and how individuals, families, and businesses can get involved. **Registration is required. When: Thursday, August 7, 2025, at 1:30 PM**

Rothesay's Concerts in the Common



- ▶ Take your evening walk, bring your blanket/chair, and enjoy free outdoor music on the Rothesay Common stage on **Thursday evenings in August at 7 PM**. You won't want to miss the amazing performances that we have lined up for this year! Pickup the schedule at the Rothesay HIVE or learn more online, here: www.rothesay.ca/recreation/seasonal-programs/concert-in-the-common/

Rothesay's Sunset Yoga



- ▶ Join us for relaxing and rejuvenating free community yoga sessions this summer. Take your "Me Time" and enjoy the sunset on the Kennebecasis River at Renforth Rotary Park, on **Tuesday, August 12, and September 2 at 7 PM**. Learn more online here: www.rothesay.ca/recreation/seasonal-programs/sunset-yoga/

Potluck: Summer Flavours ®



- ▶ Let's celebrate the best summer flavours by coming together for a potluck! Register to secure your spot as there are limited spaces. Please confirm what food item you'll be bringing to share, so we can ensure a diverse spread! Beverages will be provided. Free for Rothesay HIVE Members. Note: Doors open no sooner than 15 minutes prior to event start time. **Registration is required. When: Friday, August 22, at 1:30 PM**

"The four sayings that lead to wisdom:
I was wrong; I'm sorry; I don't know; I need help."

— Louise Penny, Canadian Author





ROTHESAY HIVE

Activities Calendar: AUGUST 2025

Location: Rothesay Town Hall, 70 Hampton Rd.
Parking: 65 Hampton Rd, Rothesay
 (506) 799-9240
 KirstinDuffley@Rothesay.ca
 www.rothesay.ca/recreation/rothesayhive
 @RothesayHive

® = **Registration REQUIRED.** Please call or email to register for programs marked with an ®. Include your name, phone number, program type, and dates in your email or voicemail. All programs have a limited capacity and are on a first-come, first-served basis.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 9:30AM Walking Club ® NO LATIN LINE DANCING 2:30PM KV Library Pop-Up - Writing ®
4 CLOSED New Brunswick Day	5 1:30PM Coffee & Chat 2:30PM Card/Board Games	6 NO BEE MOBILE CLASS 12:30PM Sittercise ® \$5 1:30PM Coffee & Chat	7 10AM SJNC Future Engage ® NO TAI CHI CLASS 1:30PM Presentation: RICC Fundraising Campaign ® 7PM Concert on the Common	8 9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5 2:30PM KV Library Pop-Up - Writing ®
11 2PM Mahjong & Bridge	12 1:30PM Coffee & Chat 2:30PM Card/Board Games 7PM Sunset Yoga at Renforth Rotary Park	13 9:30AM Bee Mobile ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chat	14 10AM SJNC Future Engage ® 1:30PM Tai Chi at Wells ® 1:30PM Grief Café with Jennifer & Winnie 7PM Concert on the Common	15 9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5 2:30PM KV Library Pop-Up ®
18 2PM Mahjong & Bridge	19 1:30PM Coffee & Chat 2:30PM Card/Board Games	20 9:30AM Bee Mobile ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chat	21 10AM SJNC Future Engage ® 1:30PM Tai Chi at Wells ® 1:30PM Movie Matinee: Pink Panther (2006) ® 7PM Concert on the Common	22 9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5 1:30PM Potluck: Summer Flavours ®
25 2PM Mahjong & Bridge	26 1:30PM Coffee & Chat 2:30PM Card/Board Games	27 9:30AM Bee Mobile ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chat	28 10AM SJNC Future Engage ® 1:30PM Tai Chi at Wells ® 1:30PM Book Club ® 7PM Concert on the Common	29 9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5

FOR MORE INFORMATION VIEW OUR ACTIVITY CALENDAR ON OUR WEBSITE!

50+ Fitness ® Cost: \$5/class Duration: 1 hr Instructor: Sharon Randell

50+ Fitness will return in September.

Chair Yoga ® Cost: \$5/class Duration: 1 hr Instructor: Sharon Randell

Chair yoga will return in September.

Bee Mobile ® Cost: \$5/class Duration: 1 hr Instructor: Catt Ferguson

Improve your mobility, range of motion and balance using your own bodyweight. Complete these sessions standing or seated.

Flex & Flow ® Cost: \$5/class Duration: 1 hr Instructor: Deby Siemens

Flex and Flow will return in September.

Sittercise ® Cost: \$5/class Duration: 1 hr Instructor: Deby Siemens

Designed to improve strength and balance with complete support of a chair, using exercise balls, resistance bands and small hand-held weights.

Latin Line Dancing ® Cost: \$5/class Duration: 1 hr Instructor: Deby Siemens

Dance routines are for beginner to intermediate dancers. Smooth-bottomed shoes are recommended for this class as the floors are carpeted.

ROTHESAY HIVE: Activities & Programs

Tai Chi Thursdays at Wells ®

Cost: FREE **Duration:** 1 hr **Type:** André Thelosen

Tai Chi is a non-competitive, self-paced practice that combines gentle physical exercise and stretching through continuous, flowing movements. Classes will be held at the Wells Community Centre, 75 French Village Road, depending on weather the class will be held outdoors or indoors. Sponsored by Kindred Home Care.

Walking Club ®

Cost: FREE **Duration:** 45min - 1 hr **Type:** Group Led

The Walkie Talkies explore the nearby community on foot for some low-impact physical activity and social connection with other members. The weekly walks will start and end at the Rothesay HIVE. Members are encouraged to stay afterwards for tea or coffee.

Coffee & Chat – Tuesdays & Wednesdays at 1:30PM

Drop in to enjoy tea and coffee and socialize with other Rothesay HIVE members. This is a great time to check out the HIVE Lending Libraries!

Card & Board Games

Drop in to play various card and board games such as cribbage, bridge, phase 10, Scrabble, Yahtzee and more! Tea and coffee provided.

HIVE Lending Libraries: Books, Puzzles, & Pickleball Equipment!

Hive Members can borrow puzzles, books, and sets of pickleball equipment for FREE of charge. Puzzles are to be returned once completed so other members can enjoy them. Due to storage capacity, no donations of large book collections will be accepted. Pickleball equipment must be signed out to borrow and returned.

Hive Book Club ®

The HIVE Book Club meets monthly on the last Thursday of the month to discuss the last book read and decide the next book to read. Members are responsible for obtaining their own copy of each book. Books are often selected based on the availability from the Kennebecasis Public Library.

Mahjong & Bridge Games

Come play the game of Mahjong (American Version) or Bridge with other Rothesay HIVE members. Tea and coffee provided.

SJNC: Future Engage ®

Don't miss out on the fun activities this month held by the Saint John Newcomers Centre! Future Engage is bringing seniors and youth together at the Rothesay HIVE. Contact Fouzia Bouazzaoui to register by email: fouzia.bouazzaoui@sjnewcomers.ca or phone: (506) 721-1325. **Open to ALL!**

THANK YOU TO OUR SPONSORS



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