



ROTHESAY HIVE – AGE FRIENDLY COMMUNITY CENTRE

July Newsletter

The **Rothesay HIVE Age Friendly Community Centre's Mission** is to be a gathering place to nurture the health and well-being of adults (50+) through a hub of activities that focus on socialization, connection, health and wellness, intergenerational programming, lifelong learning, and outreach.



Movie Matinee ®

Come enjoy popcorn and a refreshing beverage while watching "The Personal History of David Copperfield" with other Rothesay HIVE members on **Thursday, July 24, at 1:30PM!** Registration is required.

Plot: A modern take on Charles Dickens's classic tale of a young orphan who is able to triumph over many obstacles.

Year: 2019

Movie Length: 1h 59m

Stars: Dev Patel, Hugh Laurie, Tilda Swinton

Genres: Comedy / Drama

Contact Us:



Website:

www.rothesay.ca/recreation/rothesay-hive/



Facebook: @RothesayHive

www.facebook.com/groups/RothesayHive/



Phone:

506-799-9240



Email:

kirstinduffley@rothesay.ca



Parking:

65 Hampton Road, Rothesay NB



BULLETIN BOARD

Here is where you can find more information about programs, events and services that are available at the Rothesay HIVE, in our community, and across Canada.

Kennebecasis Public Library Pop-Up ®



- ▶ The Kennebecasis Public Library is popping up at the Rothesay HIVE! Each visit will feature a main activity—whether it's a craft, reading-aloud, or a game—plus some fun extras like DIY kits (including knitting and crocheting) and books to browse. It's a great chance to get creative, learn something new, and discover more about what your local library has to offer! There is no charge for this program - come and join in on the fun!

Presentation: Saint John Airport Volunteer Program ®



- ▶ Come learn how you can become part of the new Volunteer Program at the Saint John Airport (YSJ)! Donate your time, become a valued ambassador of the Airport, and help shape the future of YSJ. **Registration is required.**

When: Friday, July 18, 2025, from 1:30pm

Rothesay's Concerts in the Common



- ▶ Each Thursday in July and August take your evening walk, bring your blanket/chair, and enjoy free outdoor music on the Rothesay Common stage from 7-8pm. You won't want to miss the amazing performances that we have lined up for this year! Pickup the schedule at the Rothesay HIVE or learn more online, here:

www.rothesay.ca/recreation/seasonal-programs/concert-in-the-common/

Rothesay's Sunset Yoga



- ▶ Join us for relaxing and rejuvenating free community yoga sessions this summer. Take your "Me Time" and enjoy the sunset on the Kennebecasis River at Renforth Rotary Park, on Tuesday, July 8, August 12, and September 2 at 7PM. Learn more online here: www.rothesay.ca/recreation/seasonal-programs/sunset-yoga/

Rothesay Intergenerational Community Complex ®



- ▶ We are actively fundraising to bring the Rothesay Intergenerational Community Complex (RICC) to life, with a goal of fully opening to the public by the end of 2028. With \$18.5 million secured, the project 51.38% funded. This modern, sustainable, and inclusive facility will be an equitable and accessible central gathering place. Learn more about the project and how you can support it here: www.rothesay.ca/RICC/



"If I waited for perfection... I would never write a word."

— Margaret Atwood, Canadian Novelist and Poet



ROTHESAY HIVE

Activities Calendar: JULY 2025

Location: Rothesay Town Hall, 70 Hampton Rd.
Parking: 65 Hampton Rd, Rothesay
 (506) 799-9240
 KirstinDuffley@Rothesay.ca
 www.rothesay.ca/recreation/rothesayhive
 @RothesayHive

® = **Registration REQUIRED.** Please call or email to register for programs marked with an ®. Include your name, phone number, program type, and dates in your email or voicemail. All programs have a limited capacity and are on a first-come, first-served basis.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 CLOSED – CANADA DAY 12PM-3PM Canada Day Celebration at the Rothesay Common	2 9:30AM Bee Mobile ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chat	3 10AM SJNC Future Engage Picnic ® 1:30PM Tai Chi at Wells ® 7PM Concert on the Common	4 9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5 1:30PM Kennebecasis Public Library Pop-Up ®
7 2PM Mahjong & Bridge	8 1:30PM Coffee & Chat 2:30PM Card/Board Games 7PM Sunset Yoga at Renforth Rotary Park	9 9:30AM Bee Mobile ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chat	10 10AM SJNC Future Engage Summer Jams - Willa Mavis ® 1:30PM Tai Chi at Wells ® 7PM Concert on the Common	11 9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5 1:30PM Kennebecasis Public Library Pop-Up ®
14 2PM Mahjong & Bridge	15 1:30PM Coffee & Chat 2:30PM Card/Board Games	16 9:30AM Bee Mobile ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chat	17 10AM SJNC Future Engage Seashells from Around the World ® 1:30PM Tai Chi at Wells ® 7PM Concert on the Common	18 9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5 1:30PM Presentation: Saint John Airport Volunteer Program ®
21 2PM Mahjong & Bridge	22 1:30PM Coffee & Chat 2:30PM Card/Board Games	23 9:30AM Bee Mobile ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chat	24 10AM SJNC Future Engage Bee Keeping - Lincoln Bell ® 1:30PM Tai Chi at Wells ® 1:30PM Movie Matinee: The Personal History of David Copperfield ® 7PM Concert on the Common	25 9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5 1:30PM Kennebecasis Public Library Pop-Up ®
28 2PM Mahjong & Bridge	29 1:30PM Coffee & Chat 2:30PM Card/Board Games	30 9:30AM Bee Mobile ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chat	31 10AM SJNC Future Engage Travel Through My Eyes Philippines ® 1:30PM Tai Chi at Wells ® 1:30PM Book Club ® 7PM Concert on the Common	NOTICE: There will be no Grief Café in July, the next session will be on Thursday, August 14, at 1:30PM.

FOR MORE INFORMATION VIEW OUR ACTIVITY CALENDAR ON OUR WEBSITE!

50+ Fitness ®

Cost: \$5/class **Duration:** 1 hr **Instructor:** Sharon Randell

50+ Fitness will return in September.

Chair Yoga ®

Cost: \$5/class **Duration:** 1 hr **Instructor:** Sharon Randell

Chair yoga will return in September.

Bee Mobile ®

Cost: \$5/class **Duration:** 1 hr **Instructor:** Catt Ferguson

Improve your mobility, range of motion and balance using your own bodyweight. Complete these sessions standing or seated.

Flex & Flow ®

Cost: \$5/class **Duration:** 1 hr **Instructor:** Deby Siemens

Flex and Flow will return in September.

Sittercise ®

Cost: \$5/class **Duration:** 1 hr **Instructor:** Deby Siemens

Designed to improve strength and balance with complete support of a chair, using exercise balls, resistance bands and small hand-held weights.

Latin Line Dancing ®

Cost: \$5/class **Duration:** 1 hr **Instructor:** Deby Siemens

Dance routines are for beginner to intermediate dancers. Smooth-bottomed shoes are recommended for this class as the floors are carpeted.

ROTHESAY HIVE: Activities & Programs

Tai Chi Thursdays at Wells ®

Cost: FREE **Duration:** 1 hr **Type:** André Thelosen

Tai Chi is a non-competitive, self-paced practice that combines gentle physical exercise and stretching through continuous, flowing movements. Classes will be held at the Wells Community Centre, 75 French Village Road, depending on weather the class will be held outdoors or indoors. Sponsored by Kindred Home Care.

Walking Club ®

Cost: FREE **Duration:** 45min - 1 hr **Type:** Group Led

The Walkie Talkies explore the nearby community on foot for some low-impact physical activity and social connection with other members. The weekly walks will start and end at the Rothesay HIVE. Members are encouraged to stay afterwards for tea or coffee.

Coffee & Chat – Tuesdays & Wednesdays at 1:30PM

Drop in to enjoy tea and coffee and socialize with other Rothesay HIVE members. This is a great time to check out the HIVE Lending Libraries!

Card & Board Games

Drop in to play various card and board games such as cribbage, bridge, phase 10, Scrabble, Yahtzee and more! Tea and coffee provided.

HIVE Lending Libraries: Books, Puzzles, & Pickleball Equipment!

Hive Members can borrow puzzles, books, and sets of pickleball equipment for FREE of charge. Puzzles are to be returned once completed so other members can enjoy them. Due to storage capacity, no donations of large book collections will be accepted. Pickleball equipment must be signed out to borrow and returned.

Hive Book Club ®

The HIVE Book Club meets monthly on the last Thursday of the month to discuss the last book read and decide the next book to read. Members are responsible for obtaining their own copy of each book. Books are often selected based on the availability from the Kennebecasis Public Library.

Mahjong & Bridge Games

Come play the game of Mahjong (American Version) or Bridge with other Rothesay HIVE members. Tea and coffee provided.

SJNC: Future Engage ®

Don't miss out on the fun activities this month held by the Saint John Newcomers Centre! Future Engage is bringing seniors and youth together at the Rothesay HIVE. Contact Fouzia Bouazzaoui to register by email: fouzia.bouazzaoui@sjnewcomers.ca or phone: (506) 721-1325. **Open to ALL!**

THANK YOU TO OUR SPONSORS



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