



# ROTHESAY HIVE

## Activities Calendar: JUNE 2025

**Location:** Rothsay Town Hall, 70 Hampton Rd.  
**Parking:** 65 Hampton Rd, Rothsay  
 (506) 799-9240  
 KirstinDuffley@Rothsay.ca  
 www.rothesay.ca/recreation/rothesayhive  
 @RothsayHive

® = **Registration REQUIRED.** Please call or email to register for programs marked with an ®. Include your name, phone number, program type, and dates in your email or voicemail. All programs have a limited capacity and are on a first-come, first-served basis.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
2PM Mahjong & Bridge 6PM - 8PM <b>Age-Friendly Wellness Fair at RHS GYM</b>	1:30PM Coffee & Chat 2:30PM Card/Board Games	9:30AM Bee Mobile ® \$5 11AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chat 3PM SJNC: English Convo. ®	10AM SJNC Future Engage Speed Chat - Touchstone ® 1:30PM Tai Chi at Wells ® 1:30PM <b>Grief Café with Jennifer &amp; Winnie</b>	9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5
9	10	11	12	13
2PM Mahjong & Bridge	1:30PM Coffee & Chat 2:30PM Card/Board Games	9:30AM Bee Mobile ® \$5 11AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chat 3PM SJNC: English Convo. ®	10AM SJNC Future Engage Gardening Presentation ® 1:30PM Tai Chi at Wells ® 1:30PM <b>Presentation: Downsizing Experts</b> ®	9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5
16	17	18	19	20
2PM Mahjong & Bridge	1:30PM Coffee & Chat 2:30PM Card/Board Games	9:30AM Bee Mobile ® \$5 11AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chat 3PM SJNC: English Convo. ®	10AM SJNC Future Engage Birder Jim Wilson ® 1:30PM Tai Chi at Wells ® 1:30PM <b>Movie Matinee: The War with Grandpa</b> ®	9:30AM Walking Club ® <b>No Latin Line Dancing</b> 1:30PM <b>Potluck: Summer Solstice</b> ®
23	24	25	26	27
2PM Mahjong & Bridge	1:30PM Coffee & Chat 2:30PM Card/Board Games	9:30AM Bee Mobile ® \$5 11AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chat 3PM SJNC: English Convo. ®	10AM SJNC Future Engage Travel Through My Eyes ® 1:30PM Tai Chi at Wells ® 1:30PM <b>Book Club</b> ®	9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5
30	<div> <p>ROTHESAY AGE-FRIENDLY COMMUNITY  <b>WELLNESS FAIR</b>  <b>MON. JUNE 2   6PM-8PM   RHS GYM</b></p> <p>AGING WELL! LIVING WELL!</p> </div>			
2PM Mahjong & Bridge				

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### Grief Café

**Date:** Thursday, June 5, at 1:30PM – 3:30PM

Come enjoy a tea / coffee with Jennifer Doherty (End of Life Consultant/Grief Advocate/Death Doula), Winnie (Therapy Dog), and others on their grief journey. This is a great opportunity to talk with peers in a safe and comfortable environment. Grief is often associated with the loss of a loved one, however, it is a complex and multifaceted experience that can arise from many types of loss or significant change.

### Presentation: Downsizing Experts – Rightsizing Your Life ®

**Date:** Thursday, June 12, at 1:30PM

Looking to transition from a larger family home to a more manageable space? Join this free “Rightsizing Your Life” seminar and discover how to make downsizing stress-free and successful. Presentation will cover real estate strategies for selling your family home, financial planning for a smoother transition, legal considerations and housing options, decluttering and making the most of your new space.

### Movie Matinee: The War with Grandpa ®

**Date:** Thursday, June 19, at 1:30PM

Come enjoy popcorn and a refreshing beverage while watching “The War with Grandpa” with other Rothesay HIVE members.

**Plot:** Upset that he has to share the room he loves with his grandfather, Peter decides to declare war in an attempt to get it back.

**Year:** 2020    **Movie Length:** 1h 34m    **Stars:** Robert De Niro, Uma Thurman, Rob Riggle    **Genres:** Comedy / Drama

### Potluck: Summer Solstice ®

**Date:** Friday, June 20, at 1:30PM

Let's celebrate the first day of summer by coming together for a potluck! Register to secure your spot as there are limited spaces. Please confirm what food item you'll be bringing to share, so we can ensure a diverse spread! Beverages will be provided.

**Note:** Doors open no sooner than 15 minutes prior to event start time.

### Mahjong & Bridge Games

**Program Length:** 2 hours

**Type:** Group Led

Come play the game of Mahjong (*American Version*) or Bridge with other Rothesay Hive members. Tea and coffee provided.

**Lessons ® :** Interested in learning how to play Mahjong or Bridge? Join the waitlist to learn when the next round of lesson will be offered!

### Coffee & Chat

**Program Length:** 1 hour

**Type:** Social

Drop in to enjoy tea and coffee and socialize with other Rothesay Hive members. This is a great time to check out the Hive Libraries.

### Card & Board Games

**Program Length:** 1.5 hours

**Type:** Group Led

Drop in to play various card and board games such as cribbage, phase 10, Scrabble, Yahtzee and more! Tea and coffee provided.

### HIVE Book Club Meeting ®

**Program Length:** 1.5 hours

**Type:** Group Led

The HIVE Book Club meets each month to discuss the last book read and decide on the next book to read. Members are responsible for obtaining their own copy of each book, typically chosen books are available at the KV Public Library.

### Lending Libraries: Books, Puzzles, & Pickleball Equipment!

Hive Members can borrow puzzles, books, and sets of pickleball equipment for FREE. Pickleball equipment must be signed out to borrow.

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<b>50+ Fitness</b> ®	<b>Cost:</b> \$5 / Class	<b>Program Length:</b> 1 hour	<b>Instructor:</b> Sharon Randell
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50+ Fitness will return in September 2025.

<b>Chair Yoga</b> ®	<b>Cost:</b> \$5 / Class	<b>Program Length:</b> 1 hour	<b>Instructor:</b> Sharon Randell
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Chair yoga will return in September 2025.

<b>Bee Mobile</b> ®	<b>Cost:</b> \$5 / Class	<b>Program Length:</b> 1 hour	<b>Instructor:</b> Catt Ferguson
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Improve your mobility, range of motion and balance using your own body weight. Complete these sessions standing or seated.

<b>Flex &amp; Flow</b> ®	<b>Cost:</b> \$5 / Class	<b>Program Length:</b> 1 hour	<b>Instructor:</b> Deby Siemens
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This standing cardio and strength training exercise class will use exercise balls, resistance bands and hand-held weights.

<b>Sittercise</b> ®	<b>Cost:</b> \$5 / Class	<b>Program Length:</b> 1 hour	<b>Instructor:</b> Deby Siemens
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Designed to improve strength and balance with complete support of a chair, using exercise balls, resistance bands and 1-pound weights.

<b>Tai Chi Thursdays at Wells Recreation Park</b> ®	<b>Program Length:</b> 1 hour	<b>Instructor:</b> Andre Thelosen
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Tai Chi is a non-competitive, self-paced practice that combines gentle physical exercise and stretching through continuous, flowing movements. Classes will be held at the **Wells Community Centre, 75 French Village Road**, depending on weather and availability the class will be held outdoors or indoors. All skill levels are welcome to join this free weekly program sponsored by Kindred Home Care.

<b>Walking Club "The Walkie Talkies"</b> ®	<b>Walk Length:</b> 45min - 1 hour	<b>Type:</b> Volunteer Led
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The Walkie Talkies will explore the nearby community on foot for some low-impact physical activity and social connection with other members. The weekly walks will start and end at the Rothesay HIVE. Members are encouraged to stay afterwards for tea or coffee.

<b>Latin Line Dancing</b> ®	<b>Cost:</b> \$5 / Class	<b>Program Length:</b> 1 hour	<b>Instructor:</b> Deby Siemens
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Dance routines are for beginner to intermediate dancers. Smooth bottomed shoes are recommended to be worn for this class.

**Programs offered by the Saint John Newcomers Centre (SJNC) are FREE and OPEN to everyone. REGISTRATION IS REQUIRED.**

<b>SJNC: Future Engage – Seniors Community (50+)</b> ®	<b>Program Length:</b> 2 hours	<b>Type:</b> Coordinator Led
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A weekly Seniors and Youth Engagement Project that will create intergenerational connections. All are welcome to attend free of charge! Register by contacting the SJNC Coordinator: **Fouzia Bouazzaoui**, by [fouzia.bouazzaoui@sjnewcomers.ca](mailto:fouzia.bouazzaoui@sjnewcomers.ca) or (506) 721-1325.

<b>SJNC: English Conversation</b> ®	<b>Program Length:</b> 1 hour	<b>Type:</b> Coordinator Led
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A weekly English Conversation class to practice and improve your English in a casual environment, in-person or join via Zoom. Open to all regardless of immigration status. Register with **Fouzia Bouazzaoui**, by [fouzia.bouazzaoui@sjnewcomers.ca](mailto:fouzia.bouazzaoui@sjnewcomers.ca) or (506) 721-1325.