



Join KV WALKERS this summer to explore KV’s popular trails and walking routes. Bring a friend and enjoy a healthy outdoor walk **every Monday evening at 6:30 pm starting June 8th to August 24th**. We are a volunteer-led group that promotes healthy community walks – everyone is welcome and it is free of charge. Most walks are an hour in length - we invite you to choose your pace! **CHECK KV WALKERS on FACEBOOK for weekly updates.**

	DATE	WALKS FOR 2026	MEET UP & PARKING
1	June 8	QPLEX TRAIL TREK – join us exploring the Upper Trails of the Qplex and surrounding facilities for our beginning of the season walk.	Meet at the lower parking lot by the qplex soccer / ball fields.
2	June 15	SHADY GROVE WOODLAND WALK – visit a refreshing and beautifully wooded trail with interesting rock formations.	Park at the top of Parkside Drive just past the playground.
3	June 22	WELLS TRAIL TREK – lets trek the McKeever Lake Trail on our first visit this summer to this lovely park.	Meet at the Wells Recreation Park lot by the new building.
4	June 29	TAYLOR BROOK WANDER - let’s explore the wooded trail leading to Taylor Brook on the back hillside of Rothesay.	Meet at RNS new visitor parking lot at the very top of the RNS campus.
5	July 6	VILLA AND RENFORTH PARK WALK – visit a lovely trail leading to the waterfront of the Villa Madonna and back to Renforth Wharf Park.	Park at the Bill McGuire Centre parking lot.
6	July 13	HILLSIDE SPY & STROLL – explore the hillside to Spy Glass Hill and a woodland hike to the Hillside Trail off Grove Ave and back.	Meet at the RNS new visitor parking lot at the very top of RNS campus.
7	July 20	TRANS CANADA TRAIL – let’s explore part of the qplex trails included in the Trans Canada Trail.	NEW! Meet at the South Parking lot of the qplex by the Firepits / Pickleball Courts.
8	July 27	HAMMOND RIVER PARK – join us on a rustic and scenic trail exploring the hillside of Hammond River Park & some interesting extensions to the trail.	Park at Hammond River Park off Reynar Drive. Carpooling suggested at this site.
9	Aug 3	WELLS TRAIL #2 - explore the rest of the Wells Trail System off to the left including the wide trail nature paths.	Meet at the Wells Recreation Park parking lot by the new Recreation Centre building.
10	Aug 10	RITCHIE LAKE RAMBLE – starting at the Arts & Culture Park lets wind our way to Ritchie Lake and the QR Trail.	Meet at the Quispamsis Town Hall and adjacent parking lots.
11	Aug 17	MILLENNIUM TRAIL and MODEL FARM ROAD RAMBLER – take a visit to this scenic trail by the Millennium Cycle Park and the Model Farm Road.	Park at the parking lot off Sycamore Lane off Model Farm Road
12	Aug 24	RIVERFRONT WALK – take a walk along our gorgeous Kennebecasis Riverfront to Renforth to finish our summer walks.	Meet at East Riverside/Kinghurst Park

Participation in KV Walkers activities is made at the sole discretion and risk to individual participants. We always encourage everyone to choose a comfortable pace based on their present physical condition. Those with medical conditions should always seek the advice of a qualified medical professional before starting a new activity. In case of park closures for dry conditions or fire risk please stay tuned for alternate routes on our Facebook page.