



Join KV Walkers this summer to explore KV's popular trails and walking routes. Bring a friend and enjoy a healthy outdoor walk **every Monday evening at 6:30 pm starting June 9th to August 25th**. We are a volunteer-led group that promotes healthy community walks – everyone is welcome and it's free of charge. Most walks are an hour in length - we invite you to choose your pace! **Check KV Walkers on Facebook for weekly updates.**

	DATE	WALKS FOR 2025	MEET UP & PARKING
1	June 9	QPLEX TRAIL TREK – join us exploring the Trans Canada Trail and a few of the Qplex nearby trails for our beginning of the season walk.	NEW! Meet at the Fire Pit Area next to the South parking lot at the qplex.
2	June 16	TAYLOR BROOK WANDER – let's explore the wooded trail leading to Taylor Brook on the back hillside of Rothesay.	Meet at the RNS new visitor parking lot at the top of campus.
3	June 23	SHADY GROVE WOODLAND WALK – visit a refreshing and beautifully wooded trail with interesting rock formations.	Park at the top of Parkside Drive just past the playground.
4	June 30	WELLS TRAIL TREK – let's trek the McKeever Lake Trail on our first visit this summer to this lovely park.	Meet at the Wells Recreation Park lot by the new building.
5	July 7	RITCHIE LAKE RAMBLE – starting at the Arts & Culture Park let's wind our way to Ritchie Lake and the QR Trail.	Meet at the Quispamsis Town Hall and adjacent parking lots.
6	July 14	VILLA AND RENFORTH PARK WALK – visit a lovely trail leading to the waterfront of the Villa Madonna and back to Renforth Wharf Park.	Park at the Bill Maguire Centre.
7	July 21	FERRY LOOP – let's explore the QPLEX trails including Mathews Cove after a scenic walk to the Kennebecasis River and visit to the Ferry landing.	NEW! Meet at the South Parking lot of the qplex by the Firepits.
8	July 28	HAMMOND RIVER PARK – join us on a rustic and scenic trail exploring the hillside of Hammond River Park.	Park at Hammond River Park off Reynar Drive.
9	Aug 4	HILLSIDE SPY & STROLL – explore the hillside to Spy Glass Hill and a woodland hike to the Hillside Trail off Grove Ave and back.	Meet at the RNS new visitor parking lot at the top of campus.
10	Aug 11	MILLENNIUM TRAIL and MODEL FARM ROAD RAMBLER – take a visit to this scenic trail by the Millennium Cycle Park and the Model Farm Road.	Park at the parking lot off Sycamore Lane off Model Farm Road
11	Aug 18	WELLS TRAIL #2 – explore the rest of the Wells Trail System including the off the wide trail nature paths.	Meet at the Wells Recreation Park lot by the new building.
12	Aug 25	RIVERFRONT WALK – take a walk along our gorgeous Kennebecasis Riverfront to Renforth to finish our summer walks.	Meet at East Riverside/Kinghurst Park

Participation in KV Walkers activities is made at the sole discretion and risk to individual participants. We always encourage everyone to choose a comfortable pace based on their present physical condition. Those with medical conditions should always seek the advice of a qualified medical professional before starting a new activity.