



ROTHESAY HIVE

Activities Calendar: AUGUST 2024

Location: Rothesay Town Hall, 70 Hampton Rd.

Parking: 65 Hampton Rd, Rothesay

506-799-9240

kirstinduffley@rothesay.ca

www.rothesay.ca/recreation/rothesayhive

@RothesayHive

® = **Registration REQUIRED.** Please call or email to register for programs marked with an ®. Include your name, phone number, program type, and dates in your email or voicemail. All programs have a limited capacity and are on a first come, first served basis.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 10AM Future Engage: Seniors Community (50+) ® 7PM Rothesay's Concert in the Common	2 9:30AM Walking Club ®
5 CLOSED – New Brunswick Day	6 1:30PM Coffee & Chat 2:30PM Card/Board Games	7	8 10AM Future Engage: Seniors Community (50+) ® 1:30PM Movie Matinee: ® Moving On 7PM Rothesay's Concert in the Common	9 9:30AM Walking Club ®
12 2PM Mahjong & Bridge Games	13 1:30PM Coffee & Chat 2:30PM Card/Board Games 7PM Rothesay's Sunset Yoga Session	14 12PM Summer Potluck ®	15 10AM Future Engage: Seniors Community (50+) ® 1:30PM Presentation: Dalhousie Medical School ® 7PM Rothesay's Concert in the Common	16 9:30AM Walking Club ®
19 2PM Mahjong & Bridge Games	20 1:30PM Coffee & Chat 2:30PM Card/Board Games	21 11AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chat	22 10AM Future Engage: Seniors Community (50+) ® 7PM Rothesay's Concert in the Common	23 9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5
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Movie Matinee: Moving On ®

Showtime: Thursday, August 8, at 1:30PM

Plot: Two old friends reconnect at a funeral and decide to get revenge on the widower who messed with them decades before.

Year: 2022 **Movie Length:** 1h 25m **Stars:** Jane Fonda, Lily Tomlin, Malcolm McDowell **Genres:** Comedy

Summer Potluck ®

Program Length: 1.5 hours **Type:** Social

Register to secure your spot as there are limited spaces. Please confirm what food item you'll be bringing to share, so we can ensure a diverse spread! Beverages will be provided. Doors will open 15 minutes prior to start time of the Potluck.

Presentation: Dalhousie Medicine New Brunswick - Volunteer Patient Program ®

During this session, Nick Lignos will discuss the volunteer patient program at Dalhousie Medicine New Brunswick and the volunteers' roles in educating our students and our need for more volunteers will be highlighted. Come learn more!

Rothesay's Concert in the Common

Each Thursday in August take your evening walk, bring your blanket/chair, and enjoy free outdoor music on the Rothesay Common stage from 7-8pm. Learn more: www.rothesay.ca/recreation/seasonal-programs/concert-in-the-common/

Rothesay's FREE Sunset Yoga Sessions

August Session: Tuesday, August 13, at 7PM

Sunset Yoga Sessions are held at Renforth Rotary Park, 141 James Renforth Drive. No experience is necessary! Yoga sessions are for people of all ages and abilities. Bring your own yoga mat. Learn more: www.rothesay.ca/recreation/seasonal-programs/sunset-yoga/

Mahjong & Bridge Games

Program Length: 2 hours **Type:** Group Led

Come play the game of Mahjong (*American Version*) or Bridge with other Rothesay Hive members. Tea and coffee provided.

Mahjong & Bridge Lessons (Waitlist) ®

Program Length: 1 - 2 hours **Type:** Instructor Led

Interested in learning how to play Mahjong or Bridge? Be added to the waitlist to learn when the next session of lesson will be offered.

Coffee & Chat

Program Length: 1 hour **Type:** Social

Drop in to enjoy tea and coffee and socialize with other Rothesay Hive members. This is a great time to check out the Hive Libraries.

Card & Board Games

Program Length: 1.5 hours **Type:** Group Led

Drop in to play various card and board games such as cribbage, phase 10, Scrabble, Yahtzee and more! Tea and coffee provided.

HIVE Book Club Meeting ®

Program Length: 1.5 hour **Type:** Group Led

The HIVE Book Club meets on the fourth Thursday of each month to discuss the last book read and decide on the next book to read. Members are responsible for obtaining their own copy of each book, typically chosen books are available at the KV Public Library.

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50+ Fitness ®

Cost: \$5 / Class

Program Length: 1 hour

Instructor: Sharon Randell

This exercise class will return in September.

Chair Yoga ®

Cost: \$5 / Class

Program Length: 1 hour

Instructor: Sharon Randell

Chair yoga will return in September.

Flex & Flow ®

Cost: \$5 / Class

Program Length: 1 hour

Instructor: Deby Siemens

This standing cardio and strength training exercise class will use exercise balls, resistance bands and hand-held weights.

Sittercise ®

Cost: \$5 / Class

Program Length: 1 hour

Instructor: Deby Siemens

Designed to improve strength and balance with complete support of a chair, using exercise balls, resistance bands and 1-pound weights.

Walking Club "The Walkie Talkies" ®

Walk Length: 45min - 1 hour

Type: Volunteer Led

The Walkie Talkies will explore the nearby community on foot for some low-impact physical activity and social connection with other members. The weekly walks will start and end at the Rothesay HIVE. Members are encouraged to stay afterwards for tea or coffee.

Latin Line Dancing ®

Cost: \$5 / Class

Program Length: 1 hour

Instructor: Deby Siemens

Dance routines are for beginner to intermediate dancers. Smooth bottomed shoes are recommended to be worn for this class.

Puzzle Library

Puzzles can be borrowed from the Puzzle Library during programming hours. Puzzles are to be returned once completed.

Lending Library: Give a Book! Take a Book!

Books can be exchanged from the HIVE Library during programming hours. Due to storage capacity, no donations of large collections.

Pickleball Equipment ®

Hive Members can borrow a set of pickleball equipment for FREE to play at the Pickleball Courts (Arthur Miller Field) with up to 4 friends!

Programs offered by the Saint John Newcomers Centre are FREE and OPEN to everyone. Registration is required.

SJNC: Future Engage ®

Program Length: 2 hours

Type: Coordinator Led

A weekly Seniors and Youth Engagement Project that will create intergenerational connections. All are welcome to attend free of charge! Register by contacting Hiba Hachicha, Hiba.Hachicha@sjnewcomers.ca or (506) 721-1325.

SJNC: English Conversation ®

Program Length: 1 hour

Type: Coordinator Led

English Conversation classes will return in September.