



# ROTHESAY HIVE

## Activities Calendar: JULY 2024

**Location:** Rothesay Town Hall, 70 Hampton Rd.

**Parking:** 65 Hampton Rd, Rothesay

506-799-9240

kirstinduffley@rothesay.ca

www.rothesay.ca/recreation/rothesayhive

@RothesayHive

® = **Registration REQUIRED.** Please call or email to register for programs marked with an ®. Include your name, phone number, program type, and dates in your email or voicemail. All programs have a limited capacity and are on a first come, first served basis.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
<b>CLOSED – CANADA DAY</b>  <b>12PM-3PM</b> Canada Day on the Rothesay Common 🍁	<b>1:30PM</b> Coffee & Chat <b>2:30PM</b> Card/Board Games	<b>11AM</b> Flex & Flow ® \$5 <b>12:30PM</b> Sittercise ® \$5 <b>1:30PM</b> Coffee & Chat	<b>10AM</b> Future Engage: Seniors Community (50+) ® <b>7PM</b> Rothesay's Concert in the Common	<b>9:30AM</b> Walking Club ® <b>11AM</b> Latin Line Dancing ® \$5
8	9	10	11	12
<b>2PM</b> Mahjong & Bridge Games	<b>1:30PM</b> Coffee & Chat <b>2:30PM</b> Card/Board Games <b>7PM</b> Rothesay's Sunset Yoga Session	<b>11AM</b> Flex & Flow ® \$5 <b>12:30PM</b> Sittercise ® \$5 <b>1:30PM</b> Coffee & Chat	<b>10AM</b> Future Engage: Seniors Community (50+) ® <b>1:30PM</b> <b>Movie Matinee:</b> ® Argyle <b>7PM</b> Rothesay's Concert in the Common	<b>9:30AM</b> Walking Club ® <b>11AM</b> Latin Line Dancing ® \$5
15	16	17	18	19
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22	23	24	25	26
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29	30	31		
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### 🍁 Celebrate Canada Day in Rothesay

Come out and celebrate our Nation's 157th Birthday on Monday, July 1st from 12-3pm on the Rothesay Common. All activities are **FREE** to the public except for the BBQ! Rain location: Rothesay Arena. Learn more: [www.rothesay.ca/event/canada-day-in-rothesay-2024/](http://www.rothesay.ca/event/canada-day-in-rothesay-2024/)

### Rothesay's Concert in the Common

Each Thursday in July and August take your evening walk, bring your blanket/chair, and enjoy free outdoor music on the Rothesay Common stage from 7-8pm. For more information, visit: [www.rothesay.ca/recreation/seasonal-programs/concert-in-the-common/](http://www.rothesay.ca/recreation/seasonal-programs/concert-in-the-common/)

### Rothesay's Sunset Yoga Sessions

**July Session:** Tuesday, July 9 at 7PM

Free Sunset Yoga Sessions will be held at Renforth Rotary Park, 141 James Renforth Drive. No experience is necessary! Yoga sessions are for people of all ages and abilities. Please bring your own yoga mat. You have the chance to win a \$50 Yoga Haus gift card raffle draw at each session! For more information, visit: [www.rothesay.ca/recreation/seasonal-programs/sunset-yoga/](http://www.rothesay.ca/recreation/seasonal-programs/sunset-yoga/)

### Movie Matinee: Argyle ®

**Showtime:** Thursday, July 11, at 1:30PM

Come enjoy popcorn and a refreshing beverage while watching "Argyle"! **Plot:** A reclusive author who writes espionage novels about a secret agent and a global spy syndicate realizes the plot of the new book she's writing starts to mirror real-world events, in real time.

**Year:** 2024    **Movie Length:** 2h 19m    **Stars:** Henry Cavill, Bryce Dallas Howard, Sam Rockwell    **Director:** Matthew Vaughn

**Genres:** Action / Comedy / Thriller

### Mahjong & Bridge Games

**Program Length:** 2 hours

**Type:** Group Led

Come play the game of Mahjong (*American Version*) or Bridge with other Rothesay Hive members. Tea and coffee provided.

### Mahjong & Bridge Lessons (Waitlist) ®

**Program Length:** 1 - 2 hours

**Type:** Instructor Led

Interested in learning how to play Mahjong or Bridge? Be added to the waitlist to learn when the next session of lesson will be offered.

### Coffee & Chat

**Program Length:** 1 hour

**Type:** Social

Drop in to enjoy tea and coffee and socialize with other Rothesay Hive members. This is a great time to check out the Hive Libraries.

### Card & Board Games

**Program Length:** 1.5 hours

**Type:** Group Led

Drop in to play various card and board games such as cribbage, phase 10, Scrabble, Yahtzee and more! Tea and coffee provided.

### HIVE Book Club Meeting ®

**Program Length:** 1.5 hour

**Type:** Group Led

The HIVE Book Club meets on the fourth Thursday of each month to discuss the last book read and decide on the next book to read. Members are responsible for obtaining their own copy of each book, typically chosen books are available at the KV Public Library.

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### 50+ Fitness ®

**Cost:** \$5 / Class

**Program Length:** 1 hour

**Instructor:** Sharon Randell

This exercise class will return in September.

### Chair Yoga ®

**Cost:** \$5 / Class

**Program Length:** 1 hour

**Instructor:** Sharon Randell

Chair yoga will return in September.

### Flex & Flow ®

**Cost:** \$5 / Class

**Program Length:** 1 hour

**Instructor:** Deby Siemens

This standing cardio and strength training exercise class will use exercise balls, resistance bands and hand-held weights.

### Sittercise ®

**Cost:** \$5 / Class

**Program Length:** 1 hour

**Instructor:** Deby Siemens

Designed to improve strength and balance with complete support of a chair, using exercise balls, resistance bands and 1-pound weights.

### Walking Club "The Walkie Talkies" ®

**Walk Length:** 45min - 1 hour

**Type:** Volunteer Led

The Walkie Talkies will explore the nearby community on foot for some low-impact physical activity and social connection with other members. The weekly walks will start and end at the Rothesay HIVE. Members are encouraged to stay afterwards for tea or coffee.

### Latin Line Dancing ®

**Cost:** \$5 / Class

**Program Length:** 1 hour

**Instructor:** Deby Siemens

Dance routines are for beginner to intermediate dancers. Smooth bottomed shoes are recommended to be worn for this class.

### Puzzle Library

Puzzles can be borrowed from the Puzzle Library during programming hours. Puzzles are to be returned once completed.

### Lending Library: Give a Book! Take a Book!

Books can be exchanged from the HIVE Library during programming hours. Due to storage capacity, no donations of large collections.

### Pickleball Equipment ®

Hive Members can borrow a set of pickleball equipment for FREE to play at the Pickleball Courts (Arthur Miller Field) with up to 4 friends!

**Programs offered by the Saint John Newcomers Centre are FREE and OPEN to everyone. Registration is required.**

### SJNC: Future Engage ®

**Program Length:** 2 hours

**Type:** Coordinator Led

A weekly Seniors and Youth Engagement Project that will create intergenerational connections. All are welcome to attend free of charge! Register by contacting Hiba Hachicha, [Hiba.Hachicha@sjnewcomers.ca](mailto:Hiba.Hachicha@sjnewcomers.ca) or (506) 721-1325.

### SJNC: English Conversation ®

**Program Length:** 1 hour

**Type:** Coordinator Led

English Conversation classes will return in September.