



ROTHESAY HIVE

Activities Calendar: April 2024

Location: Rothesay Town Hall, 70 Hampton Rd.

Parking: 65 Hampton Rd, Rothesay

506-799-9240

kirstinduffley@rothesay.ca

www.rothesay.ca/recreation/rothesayhive

@RothesayHive

® = **Registration REQUIRED.** Please call or email to register for programs marked with an ®. Include your name, phone number, program type, and dates in your email or voicemail. All programs have a limited capacity and are on a first come, first served basis.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
CLOSED FOR EASTER MONDAY	1:30PM Coffee & Chat 2:30PM Card/Board Games	11AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chat 3PM English Conversation®	10AM Future Engage: Seniors Community (50+) ® 3PM Trivia with Kelly: Furry Friends Trivia with Winnie!®	9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5 2PM Presentation: ® Nursing Home without Walls
8	9	10	11	12
9:30AM 50+ Fitness ® \$5 11AM Chair Yoga ® \$5 2PM Mahjong & Bridge	1:30PM Coffee & Chat 2:30PM Card/Board Games	11AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chat 3PM English Conversation®	10AM Future Engage: Seniors Community (50+) ® 1:30PM Movie Matinee: The Color Purple ®	9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5
15	16	17	18	19
9:30AM 50+ Fitness ® \$5 11AM Chair Yoga ® \$5 2PM Mahjong & Bridge	1:30PM Coffee & Chat 2:30PM Card/Board Games	11AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chat 3PM English Conversation®	10AM Future Engage: Seniors Community (50+) ® 1:30PM Presentation: ® CMHA NB Depression in Older Adults & Seniors	9:30AM Walking Club ® 11AM Latin Line Dancing ® \$5
22	23	24	25	26
9:30AM 50+ Fitness ® \$5 11AM Chair Yoga ® \$5 2PM Mahjong & Bridge	1:30PM Coffee & Chat 2:30PM Card/Board Games	11AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chat 3PM English Conversation®	10AM Future Engage: Seniors Community (50+) ® 1:30PM Book Club ®	NO WALKING CLUB 11AM Latin Line Dancing ® \$5
29	30			
9:30AM 50+ Fitness ® \$5 11AM Chair Yoga ® \$5 2PM Mahjong & Bridge	11AM Garden Club: 1 st Meeting of 2024 ® 1:30PM Coffee & Chat 2:30PM Card/Board Games			

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Trivia with Kelly: Furry Friend Trivia with Winnie! ®

Program Length: 1 hour

Type: Volunteer Led

Get ready for an exciting and intellectually stimulating Trivia game hosted by Kelly! Put your knowledge to the test on a wide range of seasonal topics, this month will focus on our Furry Friends with special guest – **Winnie the Pet Therapy Puppy!**

Movie Matinee: The Color Purple ®

Showtime: Thursday, April 11, at 1:30PM

Come enjoy popcorn and a refreshing beverage while watching "**The Color Purple**"! **Year:** 2023 **Movie Length:** 2h 21m

Plot: A woman faces many hardships in her life, but ultimately finds extraordinary strength and hope in the unbreakable bonds of sisterhood.

Stars: Fantasia Barrino, Taraji P. Henson, Danielle Brooks

Director: Blitz Bazawule

Genres: Drama / Musical

Mahjong & Bridge Games

Program Length: 2 hours

Type: Group Led

Come play the game of Mahjong (*American Version*) or Bridge with other Rothesay Hive members. Tea and coffee provided.

Mahjong & Bridge Lessons (Waitlist) ®

Program Length: 2 hours

Type: Instructor Led

Interested in learning how to play Mahjong or Bridge? Be added to the waitlist to learn when the next session of lesson will be offered.

Coffee & Chat

Program Length: 1 hour

Type: Social

Drop in to enjoy tea and coffee and socialize with other Rothesay Hive members. This is a great time to check out the Hive Libraries.

Card & Board Games

Program Length: 1.5 hours

Type: Group Led

Drop in to play various card and board games such as cribbage, bridge, phase 10, Scrabble, Yahtzee and more! Tea and coffee provided.

HIVE Book Club Meeting ®

Program Length: 1 hour

Type: Group Led

The HIVE Book Club meets on the fourth Thursday of each month to discuss the last book read and decide on the next book to read.

Members are responsible for obtaining their own copy of each book, typically chosen books are available at the KV Public Library.

Garden Club Meeting ®

Program Length: 1 hour

Type: Group Led

Gardening enthusiasts are encouraged to register for the Garden Club to connect and garden together, improve their green thumb, and grow something new. Members of the Garden Club will need to dedicate time to the Garden Club to plan, plant, tend, and harvest the plot at the Scribner Community Garden from May until October. The first meeting will be spent determining what will be grown this year.

Presentation: Nursing Home without Walls ®

Program Length: 1 hour

Type: Presentation

Come learn about the Nursing Home without Walls program newly added to the Kennebecasis Valley.

Presentation: CMHA NB Depression in Older Adults & Seniors ®

Program Length: 1 hour

Type: Presentation

Depression in Older Adults and Seniors examines feeling good as you age and the causes of depression in older adults and seniors.

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50+ Fitness ®

Cost: \$5 / Class

Program Length: 1 hour

Instructor: Sharon Randell

This exercise class includes warm-up stretching, use of exercise balls, resistance bands and hand-held weights.

Chair Yoga ®

Cost: \$5 / Class

Program Length: 1 hour

Instructor: Sharon Randell

Chair yoga is a form of yoga as therapy that is practiced sitting on a chair or standing using a chair for support.

Flex & Flow ®

Cost: \$5 / Class

Program Length: 1 hour

Instructor: Deby Siemens

This standing cardio and strength training exercise class will use exercise balls, resistance bands and hand-held weights.

Sittercise ®

Cost: \$5 / Class

Program Length: 1 hour

Instructor: Deby Siemens

Designed to improve strength and balance with complete support of a chair, using exercise balls, resistance bands and 1-pound weights.

Walking Club "The Walkie Talkies" ®

Walk Length: 45min - 1 hour

Type: Volunteer Led

The Walkie Talkies will explore the nearby community on foot for some low-impact physical activity and social connection with other members. The weekly walks will start and end at the Rothesay HIVE. Members are encouraged to stay afterwards for tea or coffee.

Latin Line Dancing ®

Cost: \$5 / Class

Program Length: 1 hour

Instructor: Deby Siemens

Dance routines are for beginner to intermediate dancers. Smooth bottomed shoes are recommended to be worn for this class.

Puzzle Library

Puzzles can be borrowed from the Puzzle Library during programming hours. Puzzles are to be returned once completed.

Lending Library: Give a Book! Take a Book!

Books are available to take home from the HIVE Library during programming hours. The Lending Library encourages swapping and sharing of books. Please note we do not accept donations of large collections of books as we do not have storage.

Programs Offered by the Saint John Newcomers Centre are FREE and OPEN to everyone. Registration is required by email.

SJNC: Future Engage ®

Program Length: 2 hours

Type: Coordinator Led

A weekly Seniors and Youth Engagement Project that will create intergenerational connections. All are welcome to attend free of charge! Register by contacting Hiba Hachicha, Hiba.Hachicha@sjnewcomers.ca or (506) 721-1325.

SJNC: English Conversation ®

Program Length: 1 hour

Type: Coordinator Led

A weekly English Conversation class to practice and improve your English in a casual environment. This class is open to all regardless of your immigration status. You can also join the class via Zoom. Register by email: Hiba.Hachicha@sjnewcomers.ca or (506) 721-1325.