



ROTHESAY HIVE

Activities Calendar: October 2023

Location: Rothesay Town Hall, 70 Hampton Rd.

Parking: 65 Hampton Rd, Rothesay

506-799-9240

kirstinduffley@rothesay.ca

www.rothesay.ca/recreation/rothesayhive

@RothesayHive

® = **Registration REQUIRED.** Please call or email to register for programs marked with an ®. Include your name, phone number, program type, and dates in your email or voicemail. All programs have a limited capacity and are on a first come, first served basis.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
CLOSED FOR: NATIONAL DAY FOR TRUTH AND RECONCILIATION	1:30PM Coffee & Chat 2:30PM Card/Board Games	11AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chat 3PM English Conversation®	10AM Future Engage: Seniors Community (50+) ® 2:00PM Trivia with Kelly: Harvest Season Edition ®	9AM Walking Club ® 11AM Latin Line Dancing ® \$5
9	10	11	12	13
CLOSED FOR: THANKSGIVING DAY	1:30PM Coffee & Chat 2:30PM Card/Board Games	11AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chat 3PM English Conversation®	10AM Future Engage: Seniors Community (50+) ® 1:30PM Presentation: Willing to Know - Wills and Estate Planning ®	9AM Walking Club ® NO LATIN LINE DANCING 1:30PM Pet Therapy with Winnie
16	17	18	19	20
9:30AM 50+ Fitness ® \$5 11:00AM Chair Yoga ® \$5 2PM Mahjong Games ®	1:30PM Coffee & Chat 2:30PM Card/Board Games	11AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chat 3PM English Conversation®	10AM Future Engage: Seniors Community (50+) ® 1:30PM Movie Matinee: Haunted Masion (2023) ®	9AM Walking Club ® 11AM Latin Line Dancing ® \$5
23	24	25	26	27
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30	31			
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***NEW* Pet Therapy with Winnie** **Cost:** No Charge **Program Length:** 1 hour **Type:** Volunteer Led

Come meet Winnie for a delightful & heartwarming experience of puppy cuddles, belly rubs, and pure joy that you won't want to miss.

***NEW* Trivia with Kelly: Harvest Season** ® **Cost:** No Charge **Program Length:** 1 hour **Type:** Volunteer Led

Get ready for an exciting and intellectually stimulating Trivia game hosted by Kelly! Put your knowledge to the test on a wide range of seasonal topics, this month will focus on the Harvest Season. This Trivia program is all in the name of FUN - to bring people together, spark conversations, and foster a sense of community through shared knowledge.

Presentation: Willing to Know ® **Cost:** No Charge **Program Length:** 1.5 hours **Type:** Presentation

Willing to Know Seminar - Will & Estate Planning presentation with Eric McGrath, E.M. Transition Consulting. This session will provide details on the following topics: Implications if you don't have a will. Who gets your estate? Not always who you think? Who makes a good executor? How New Brunswick treats common law relationships when there is no will. What is Probate and how to avoid it. Tax planning strategies around estate planning. How to protect your children's inheritance in the event they have a marital breakup after your death.

Walking Club "Walkie Talkies" ® **Cost:** No Charge **Walk Length:** 45min - 1 hour **Type:** Group Led

The Walking Club will explore the nearby community on foot for some low-impact physical activity and social connection with other members. The weekly walks will start and end at the Rothesay HIVE. Members are encouraged to stay afterwards for tea or coffee.

Movie Matinee: Haunted Mansion ® **Cost:** No Charge **Showtime:** Thursday, October 19, at 1:30PM

Come enjoy popcorn and a refreshing beverage while watching "Haunted Mansion" at the Rothesay HIVE! **Plot:** A single mom named Gabbie hires a tour guide, a psychic, a priest and a historian to help exorcise her newly bought mansion after discovering it is inhabited by ghosts. **Stars:** LaKeith Stanfield, Rosario Dawson, Owen Wilson **Director:** Justin Simien **Year:** 2023 **Movie Length:** 2h 3m

Mahjong Games (American Version) ® **Cost:** No Charge **Program Length:** 2 hours **Type:** Group Led

Register to play the game of Mahjong (*American Version*) with other Rothesay Hive members. Tea and coffee provided.

Coffee & Chat **Cost:** No Charge **Program Length:** 1 hour **Type:** Social

Drop in to enjoy tea and coffee and socialize with other Rothesay Hive members. This is a great time to check out the Hive Libraries.

Card & Board Games **Cost:** No Charge **Program Length:** 1.5 hours **Type:** Group Led

Drop in to play various card and board games such as cribbage, bridge, phase 10, Scrabble, Yahtzee and more! Tea and coffee provided.

HIVE Book Club Meeting ® **Cost:** No Charge **Program Length:** 1 hour **Type:** Group Led

The HIVE Book Club meets on the fourth Thursday of each month to discuss the last book read and decide on the next book to read. Members are responsible for obtaining their own copy of each book, typically chosen books are available at the Public Library.

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50+ Fitness ® **Cost:** \$5 / Class **Program Length:** 1 hour **Instructor:** Sharon Randell

This exercise class includes warm-up stretching, use of exercise balls, resistance bands and hand-held weights.

Chair Yoga ® **Cost:** \$5 / Class **Program Length:** 1 hour **Instructor:** Sharon Randell

Chair yoga is a form of yoga as therapy that is practiced sitting on a chair or standing using a chair for support.

Flex & Flow ® **Cost:** \$5 / Class **Program Length:** 1 hour **Instructor:** Deby Siemens

This standing cardio and strength training exercise class will use exercise balls, resistance bands and hand-held weights.

Sittercise ® **Cost:** \$5 / Class **Program Length:** 1 hour **Instructor:** Deby Siemens

Designed to improve strength and balance with complete support of a chair, using exercise balls, resistance bands and 1-pound weights.

Latin Line Dancing ® **Cost:** \$5 / Class **Program Length:** 1 hour **Instructor:** Deby Siemens

Dance routines are for beginner to intermediate dancers. Smooth bottomed shoes are recommended to be worn for this class.

Lending Library: Give a Book! Take a Book! **Cost:** No Charge

Books are available to take home from the HIVE Library during programming hours. The Lending Library encourages swapping and sharing of books. Please note we do not accept donations of large collections of books as we do not have storage.

Puzzle Library ® **Cost:** No Charge

Puzzles can be borrowed from the Puzzle Library during programming hours. Puzzles are to be returned once completed.

Mahjong & Bridge Lessons (Waitlist) ® **Cost:** No Charge **Program Length:** 2 hours **Type:** Instructor Led

Interested in learning how to play Mahjong or Bridge? Be added to the waitlist to learn when the next session of lesson will be offered.

Programs Offered by the Saint John Newcomers Centre are FREE and OPEN to everyone. Registration is required by email.

SJNC: Future Engage ® **Cost:** No Charge **Program Length:** 2 hours **Type:** Coordinator Led

A weekly Seniors and Youth Engagement Project that will create intergenerational connections. All are welcome to attend free of charge! Register by contacting Hiba Hachicha, Hiba.Hachicha@sjnewcomers.ca or (506) 721-1325.

SJNC: English Conversation ® **Cost:** No Charge **Program Length:** 1 hour **Type:** Coordinator Led

A weekly English Conversation class to practice and improve your English in a casual environment. This class is open to all regardless of your immigration status. You can also join the class via Zoom. Register by email: Hiba.Hachicha@sjnewcomers.ca or (506) 721-1325.