



ROTHESAY HIVE

ACTIVITIES CALENDAR: May 2023

Location: Rothesay Town Hall, 70 Hampton Rd.

506-799-9240

kirstinduffley@rothesay.ca

www.rothesay.ca/recreation/rothesayhive

@RothesayHive

® = **Registration REQUIRED.** Please call or email to register for programs marked with an ®. Include your name, phone number, program type, and dates in your email or voicemail. All programs have a limited capacity and are on a first come, first served basis.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 9:30AM 50+ Fitness ® \$5 11:00AM Chair Yoga ® \$5 2:00PM Mahjong Games ®	2 1:30PM Coffee & Chat 2:30PM Card/Board Games	3 11:00AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chat	4 10:00AM Future Engage ® 2:00PM High Tea ®	5 9:00AM Walking Club ® 11AM Latin Line Dancing ® \$5
8 9:30AM 50+ Fitness ® \$5 11:00AM Chair Yoga ® \$5 2:00PM Mahjong Games ®	9 1:30PM Coffee & Chat 2:30PM Card/Board Games	10 11:00AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chat	11 10:00AM Future Engage ® 1:30PM Garden Club ®	12 9:00AM Walking Club ® 11AM Latin Line Dancing ® \$5
15 9:30AM 50+ Fitness ® \$5 11:00AM Chair Yoga ® \$5 2:00PM Mahjong Games ®	16 1:30PM Coffee & Chat 2:30PM Card/Board Games	17 11:00AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chat	18 10:00AM Future Engage ® 1:30PM Movie Matinee: Elizabeth - A Portrait in Parts ®	19 9:00AM Walking Club ® 11AM Latin Line Dancing ® \$5
22 CLOSED VICTORIA DAY	23 1:30PM Coffee & Chat 2:30PM Card/Board Games	24 11:00AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chat	25 10:00AM Future Engage ® 1:30PM Book Club ®	26 9:00AM Walking Club ® 11AM Latin Line Dancing ® \$5
29 9:30AM 50+ Fitness ® \$5 11:00AM Chair Yoga ® \$5 2:00PM Mahjong Games ®	30 1:30PM Coffee & Chat 2:30PM Card/Board Games	31 11:00AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chat	NEW WALKING CLUB: <i>More information on page 2!</i>	NEW PUZZLE LIBRARY: <i>More information on page 3!</i>



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High Tea ®

Cost: No Charge

Event Date: Thursday, May 4, at 2:00PM

In Celebration of King Charles III's Coronation the Rothesay HIVE is hosting a High Tea! Wear your fancy fascinator, royal garb, or come as you are! Teas, Sweets, Scones, & Sandwiches Provided. **Registration is required** for this event as there is limited seating.

NEW Walking Club "Walkie Talkies" ®

Cost: No Charge

Program Length: 1.5 hours

Type: Group Led

The Walking Club will explore the near by community on foot for some low impact physical activity and social connection with other members. The weekly walks will start and end at the Rothesay HIVE. Members are encouraged to stay afterwards for a tea or coffee.

Movie Matinee: Elizabeth - A Portrait in Parts ®

Cost: No Charge

Event Date: Thursday, May 18, at 1:30PM

Come enjoy popcorn and a refreshing beverage while watching "Elizabeth - A Portrait in Parts" at the Rothesay HIVE!

Plot: A documentary on the life of Queen Elizabeth II, the longest-lived, longest reigning British monarch and longest serving female head of state in history. **Director:** Roger Michell **Year:** 2022 **Movie Length:** 1 hours 29 minutes

Mahjong Games ®

Cost: No Charge

Program Length: 2 hours

Type: Group Led

Register to play the game of Mahjong with other Rothesay Hive members.

Coffee & Chat

Cost: No Charge

Program Length: 1 hour

Type: Social

Drop in to enjoy tea and coffee and socialize with other Rothesay Hive members. This is a great time to check out the Hive Library.

Card & Board Games

Cost: No Charge

Program Length: 1.5 hours

Type: Group Led

Drop in to play various card and board games such as cribbage, bridge, phase 10, Scrabble, Yahtzee and more! Tea and coffee provided.

Mahjong & Bridge Lessons (Waitlist) ®

Cost: No Charge

Program Length: 2 hours

Type: Instructor Led

Interested in learning how to play Mahjong or Bridge? Be added to the waitlist to learn when the next session of lesson will be offered.

SJNC: Future Engage ®

Cost: No Charge

Program Length: 2 hours

Type: Coordinator Led

A weekly Seniors and Youth Engagement Project that will create intergenerational connections. All are welcome to attend! Register by contacting Hiba Hachicha, from the Saint John Newcomers Centre, by **email:** Hiba.Hachicha@sjnewcomers.ca or **call:** (506) 721-1325.



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50+ Fitness ®

Cost: \$5 / Class

Program Length: 1 hour

Instructor: Sharon Randell

This exercise class includes warm up stretching, use of exercise balls, resistance bands and hand-held weights.

Chair Yoga ®

Cost: \$5 / Class

Program Length: 1 hour

Instructor: Sharon Randell

Chair yoga is a form of yoga as therapy that is practiced sitting on a chair or standing using a chair for support.

Flex & Flow ®

Cost: \$5 / Class

Program Length: 1 hour

Instructor: Deby Siemens

This standing cardio and strength training exercise class will use exercise balls, resistance bands and hand-held weights.

Sittercise ®

Cost: \$5 / Class

Program Length: 1 hour

Instructor: Deby Siemens

Designed to improve strength and balance with complete support of a chair, using exercise balls, resistance bands and 1-pound weights.

Latin Line Dancing ®

Cost: \$5 / Class

Program Length: 1 hour

Instructor: Deby Siemens

Dance routines are for beginner to intermediate dancers. Smooth bottomed shoes are recommended to be worn for this class.

HIVE Book Club Meeting ®

Cost: No Charge

Program Length: 1 hour

Type: Group Led

The HIVE Book Club meets monthly on the fourth Thursday of the month to discuss the last book read and decide the next book to read. Members are responsible for obtaining their own copy of each book.

Garden Club Meeting ®

Cost: No Charge

Program Length: 1 hour

Type: Group Led

Garden enthusiasts are encouraged to register for the Garden Club to connect and garden together, improve their green thumb, and grow something new. The Garden Club will plan, plant, tend, and harvest a plot at the Scribner Community Garden from May until October.

HIVE Library | Give a Book! Take a Book! Let's Swap!

Cost: No Charge

Bring a book from home and choose a new-to-you book to enjoy! The Hive Library is available during programming hours.

NEW Puzzle Library ®

Cost: No Charge

Bored of the puzzles you already have? Borrow one of the Rothesay HIVE's puzzles to enjoy and finish at home. Puzzles must be returned once completed. First-come, first-served. The Puzzle Library is available during programming hours.