

ROTHESAY HIVE

ACTIVITIES CALENDAR: November 2022

Location: Rothesay Town Hall, 70 Hampton Rd.

- **Solution** 506-799-9240
- kirstinduffley@rothesay.ca
- www.rothesay.ca/recreation/rothesayhive
- @ RothesayHive

® = Registration REQUIRED. Please call or email to register for programs marked with an ®. Include your name, phone number, program type, and dates in your email or voicemail. All programs have a limited capacity and are on a first come, first served basis.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
9:30AM 50+ Fitness ® \$5	1:30PM Coffee & Chats	11:00AM Flex & Flow ® \$5	10:00AM Future Engage ®	11AM Latin Line Dancing ® \$5
11:00AM Chair Yoga ® \$5	2:30PM Card/Board Games	12:30PM Sittercise ® \$5	1:30PM Garden Club ®	
2:00PM Mahjong Games ®		1:30PM Coffee & Chats		
		6:00PM Fall Speaker Series		
7	8	9	10	11
9:30AM 50+ Fitness ® \$5	1:30PM Coffee & Chats	11:00AM Flex & Flow ® \$5	10:00AM Future Engage ®	CLOSED
11:00AM Chair Yoga ® \$5	2:30PM Card/Board Games	12:30PM Sittercise ® \$5		Remembrance Day
2:00PM Mahjong Games ®		1:30PM Coffee & Chats		No Programs
		6:00PM Fall Speaker Series		
14	15	16	17	18
9:30AM 50+ Fitness ® \$5	1:30PM Coffee & Chats	11:00AM Flex & Flow ® \$5	10:00AM Future Engage ®	11AM Latin Line Dancing ® \$5
11:00AM Chair Yoga ® \$5	2:30PM Card/Board Games	12:30PM Sittercise ® \$5	1:30PM Movie Matinee:	
2:00PM Mahjong Games ®		1:30PM Coffee & Chats	The Sound of Music ®	
		6:00PM Fall Speaker Series		
21	22	23	24	25
9:30AM 50+ Fitness ® \$5	1:30PM Coffee & Chats	11:00AM Flex & Flow ® \$5	10:00AM Future Engage ®	11AM Latin Line Dancing ® \$5
11:00AM Chair Yoga ® \$5	2:30PM Card/Board Games	12:30PM Sittercise ® \$5	1:30PM Book Club ®	
2:00PM Mahjong Games ®		1:30PM Coffee & Chats		
		6:00PM Fall Speaker Series		
28	29	30		
9:30AM 50+ Fitness ® \$5	1:30PM Coffee & Chats	6:00PM Fall Speaker Series		
11:00AM Chair Yoga ® \$5	2:30PM Card/Board Games			
2:00PM Mahjong Games ®				



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Movie Matinee: The Sound of Music ®

Cost: No Charge

Showing: Thurs., November 17, at 1:30PM

Come enjoy popcorn and a refreshing beverage while watching the Sound of Music with a friend at the Rothesay Hive!

The Sound of Music is a tuneful, heartwarming story, it is based on the real-life story of the Von Trapp Family singers, one of the world's best-known concert groups in the era immediately preceding World War II.

Staring: Julie Andrews, Christopher Plummer, & Eleanor Parker Director: Robert Wise

Movie Length: 2 hours 52 minutes

Fall Speaker Series

Cost: No Charge

Program Length: 5 Sessions

Type: Online Interview

Rothesay in partnership with the Rothesay Hive presents the 2022 Fall Speaker Series. Interviews will be available online on the Rothesay Hive Facebook Group: www.facebook.com/groups/RothesayHive. No registration required!

Mahjong Games ®

Cost: No Charge

Program Length: 2 hours

Type: Group Led

Register to play the game of Mahjong with other Rothesay Hive members.

Coffee & Chat

Cost: No Charge

Program Length: 1 hour

Type: Social

Drop in to enjoy tea and coffee and socialize with other Rothesay Hive members. This is a great time to check out the Hive Library.

Card & Board Games

Cost: No Charge

Program Length: 1.5 hours

Type: Group Led

Drop in to play various card and board games such as cribbage, bridge, phase 10, Scrabble, Yahtzee and more! Tea and coffee provided.

Bridge Lessons (Waitlist) ®

Cost: No Charge

Program Length: 2 hours

Type: Instructor Led

Interested in learning how to play Bridge? Be added to the waitlist to learn when the next session of lesson will be offered in the future.

Mahjong Lessons (Waitlist) ®

Cost: No Charge

Program Length: 2 hours

Type: Instructor Led

Interested in learning how to play Mahjong? Be added to the waitlist to learn when the next session of lessons will be offered in the future.

SJNC: Future Engage ®

Cost: No Charge

Program Length: 2 hours

Type: Coordinator Led

A weekly Seniors and Youth Engagement Project that will create intergenerational connections. All are welcome to attend! Register by contacting Hiba Hachicha, from the Saint John Newcomers Centre, by email: Hiba.Hachicha@sjnewcomers.ca or call: (506) 721-1325.



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50+ Fitness ® **Cost**: \$5 / Class **Program Length**: 1 hour **Instructor**: Sharon Randell

This exercise class includes warm up stretching, use of exercise balls, resistance bands and hand-held weights.

Chair Yoga ® Cost: \$5 / Class Program Length: 1 hour Instructor: Sharon Randell

Chair yoga is a form of yoga as therapy that is practiced sitting on a chair or standing using a chair for support.

Flex & Flow ® Cost: \$5 / Class Program Length: 1 hour Instructor: Deby Siemens

This standing cardio and strength training exercise class will use exercise balls, resistance bands and hand-held weights.

Sittercise ® Cost: \$5 / Class Program Length: 1 hour Instructor: Deby Siemens

Designed to improve strength and balance with complete support of a chair, using exercise balls, resistance bands and 1-pound weights.

Beginners Latin Line Dancing ® Cost: \$5 / Class Program Length: 1 hour Instructor: Deby Siemens

Dance routines are for beginner dancers. Smooth bottomed shoes are recommended for this class as the floors are carpeted.

Garden Club Meeting ® Cost: No Charge Program Length: 1 hour Type: Group Led

Garden enthusiasts are encouraged to register for the Garden Club to connect and garden together, improve their green thumb, and grow something new. The Garden Club will plan, plant, tend, and harvest a plot at the Scribner Community Garden from May until October.

HIVE Book Club Meeting ® Cost: No Charge Program Length: 1 hour Type: Group Led

The HIVE Book Club meets monthly to discuss the last book read and decide the next book to read. Members are responsible for obtaining their own copy of each book.

HIVE Library | Give a Book! Take a Book! Let's Swap!

Bring a book from home and choose a new-to-you book to enjoy! The Hive Library is available during programming hours at **no charge**.

Rothesay Arena Programs Cost: No Charge Program Length: 1 hour Type: Community Programs

Seniors Hockey (Pickup): Every Monday 11:30AM to 12:30PM at the Rothesay Arena.

Seniors Skate: Every Monday 12:45PM to 1:45PM at the Rothesay Arena.