



ROTHESAY HIVE

ACTIVITIES CALENDAR: September 2022

Location: Rothesay Town Hall, 70 Hampton Rd.

506-799-9240

kirstinduffley@rothesay.ca

www.rothesay.ca/recreation/rothesayhive

@RothesayHive

® = **Registration REQUIRED.** Please call or email to register for programs marked with an 'R'. Include your name, phone number, program type, and dates in your email or voicemail. All programs have a limited capacity and are on a first come, first served basis.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	5 11AM Latin Line Dancing ® \$5
CLOSED: Labour Day 5 No Programs	6 1:30PM Coffee & Chats 2:30PM Card/Board Games	7 11:00AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chats	8 10:00AM Future Engage ®	9 11AM Latin Line Dancing ® \$5
12 9:30AM 50+ Fitness ® \$5 11:00AM Chair Yoga ® \$5 2:00PM Mahjong Games ®	13 1:30PM Coffee & Chats 2:30PM Card/Board Games	14 11:00AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chats	15 10:00AM Future Engage ® 1:30PM Movie Matinee ® <i>Screening: Mamma Mia!</i>	16 11AM Latin Line Dancing ® \$5
19 9:30AM 50+ Fitness ® \$5 11:00AM Chair Yoga ® \$5 2:00PM Mahjong Games ®	20 1:30PM Coffee & Chats 2:30PM Card/Board Games	21 11:00AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chats	22 10:00AM Future Engage ® 1:30PM Garden Club ®	2 11AM Latin Line Dancing ® \$5
26 9:30AM 50+ Fitness ® \$5 11:00AM Chair Yoga ® \$5 2:00PM Mahjong Games ®	27 1:30PM Coffee & Chats 2:30PM Card/Board Games	28 11:00AM Flex & Flow ® \$5 12:30PM Sittercise ® \$5 1:30PM Coffee & Chats	29 10:00AM Future Engage ® 1:30PM Book Club ®	30 11AM Latin Line Dancing ® \$5



ROTHESAY HIVE

ACTIVITIES CALENDAR: September 2022

Location: Rothesay Town Hall, 70 Hampton Rd.

506-799-9240

kirstinduffley@rothesay.ca

www.rothesay.ca/recreation/rothesayhive

@RothesayHive

® = **Registration REQUIRED:** Please call or email to register for programs marked with an 'R'. First come, first served.

Movie Matinee: Mamma Mia! ®

Cost: No Charge

Movie Length: 1h 48m

Type: Social

The story of a bride-to-be trying to find her real father told using hit songs by the popular 1970s group ABBA. Come enjoy popcorn and a refreshing beverage and enjoy watching Mamma Mia with a friend on Thursday, September 15th at 1:30PM!

Director: Phyllida Lloyd

Stars: Meryl Streep, Pierce Brosnan, & Amanda Seyfried

Mahjong Games ®

Cost: No Charge

Program Length: 2 hours

Type: Group Led

Register to play the game of Mahjong with other Rothesay Hive members.

Coffee & Chat

Cost: No Charge

Program Length: 1 hour

Type: Social

Drop in to enjoy tea and coffee and socialize with other Rothesay Hive members. This is a great time to check out the Hive Library.

Card & Board Games

Cost: No Charge

Program Length: 1.5 hours

Type: Group Led

Drop in to play various card and board games such as cribbage, bridge, phase 10, Scrabble, Yahtzee and more! Tea and coffee provided.

Bridge Lessons (Waitlist) ®

Cost: No Charge

Program Length: 2 hours

Type: Instructor Led

Interested in learning how to play Bridge? Be added to the waitlist to learn when the next session of lesson will be offered in the future.

Mahjong Lessons (Waitlist) ®

Cost: No Charge

Program Length: 2 hours

Type: Instructor Led

Interested in learning how to play Mahjong? Be added to the waitlist to learn when the next session of lessons will be offered in the future.

SJNC: Future Engage ®

Cost: No Charge

Program Length: 2 hours

Type: Coordinator Led

A weekly Seniors and Youth Engagement Project that will create intergenerational connections. Register by contacting Hiba Hachicha, from the Saint John Newcomers Centre, by email: hiba.hachicha@sjnewcomers.ca or call: (506) 721-1325.



ROTHESAY HIVE

ACTIVITIES CALENDAR: September 2022

Location: Rothesay Town Hall, 70 Hampton Rd.

506-799-9240

kirstinduffley@rothesay.ca

www.rothesay.ca/recreation/rothesayhive

@RothesayHive

® = **Registration REQUIRED.** Please call or email to register for programs marked with an 'R'. First come, first served.

50+ Fitness ®

Cost: \$5 / Class

Program Length: 1 hour

Instructor: Sharon Randell

This exercise class includes warm up stretching, use of exercise balls, resistance bands and hand-held weights.

Chair Yoga ®

Cost: \$5 / Class

Program Length: 1 hour

Instructor: Sharon Randell

Chair yoga is a form of yoga as therapy that is practiced sitting on a chair or standing using a chair for support.

Flex & Flow ®

Cost: \$5 / Class

Program Length: 1 hour

Instructor: Deby Siemens

This standing cardio and strength training exercise class will use exercise balls, resistance bands and hand-held weights.

Sittercise ®

Cost: \$5 / Class

Program Length: 1 hour

Instructor: Deby Siemens

Designed to improve strength and balance with complete support of a chair, using exercise balls, resistance bands and 1-pound weights.

Beginners Latin Line Dancing ®

Cost: \$5 / Class

Program Length: 1 hour

Instructor: Deby Siemens

Dance routines are for beginner dancers. Smooth bottomed shoes are recommended for this class as the floors are carpeted.

Garden Club Meeting ®

Cost: No Charge

Program Length: 1 hour

Type: Group Led

Garden enthusiasts are encouraged to register for the Garden Club to connect and garden together, improve their green thumb, and grow something new. The Garden Club will plan, plant, tend, and harvest a plot at the Scribner Community Garden from May until October.

HIVE Book Club Meeting ®

Cost: No Charge

Program Length: 1 hour

Type: Group Led

The HIVE Book Club meets monthly to discuss the last book read and decide the next book to read. Members are responsible for obtaining their own copy of each book.

HIVE Library | Give a Book! Take a Book! Let's Swap!

Bring a book from home and choose a new-to-you book to enjoy! The Hive Library is available during programming hours at **no charge**.