

ROTHESAY HIVE

ACTIVITIES CALENDAR: July 2022

Location: Rothesay Town Hall, 70 Hampton Rd.

- **\$ 506-799-9240**
- kirstinduffley@rothesay.ca
- % www.rothesay.ca/recreation/rothesayhive
- @RothesayHive

® = Registration REQUIRED. Please call or email to register for programs marked with an 'R'. Include your name, phone number, program type, and dates in your email or voicemail. All programs have a limited capacity and are on a first come, first served basis.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				CLOSED: Canada Day 1
				Canada Day at the
				Rothesay Common
				12:00 - 3:00PM
4	5	6	7	8
2:00PM Mahjong Games ®	9:30AM Tai Chi ®	11:00AM Flex & Flow ® \$5	10:00AM Future Engage ®	
	1:30PM Coffee & Chats	12:30PM Sittercise ® \$5	(SJNC) HISTORICAL WALK	
	2:30PM Card/Board Games	1:30PM Coffee & Chats	7:00PM Concert in the	
			Common: Rock n' Roll Cowgirl	
11	12	13	14	15
2:00PM Mahjong Games ®	9:30AM Tai Chi ®	11:00AM Flex & Flow ® \$5	10:00AM Future Engage ®	
	1:30PM Coffee & Chats with	12:30PM Sittercise ® \$5	(SJ Newcomers Centre)	
	2:30PM Card/Board Games	1:30PM Coffee & Chats	7:00PM Concert in the	
			Common: Chris Cummings	
18	19	20	21	22
2:00PM Mahjong Games ®	(NO TAI CHI)	11:00AM Flex & Flow ® \$5	10:00AM Future Engage ®	
	1:30PM Coffee & Chats	12:30PM Sittercise ® \$5	(SJ Newcomers Centre)	
	2:30PM Card/Board Games	1:30PM Coffee & Chats	1:00PM Garden Club ®	
			7:00PM Concert in the	
			Common: Brian Baker	
25	26	27	28	29
2:00PM Mahjong Games ®	(NO TAI CHI)	11:00AM Flex & Flow ® \$5	10:00AM Future Engage ®	
	1:30PM Coffee & Chats with	12:30PM Sittercise ® \$5	(SJ Newcomers Centre)	
	2:30PM Card/Board Games	1:30PM Coffee & Chats	1:30PM Book Club ®	
	7:00PM Sunset Yoga		7:00PM Concert in the	
			Common: Myles MacPherson	



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Mahjong Games ®

Cost: No Charge

Program Length: 2 hours

Type: Group Led

Register to play the game of Mahjong with other Rothesay Hive members.

Coffee & Chat

Cost: No Charge

Program Length: 1 hour

Type: Social

Drop in to enjoy tea and coffee and socialize with other Rothesay Hive members. This is a great time to check out the Hive Library.

Card & Board Games

Cost: No Charge

Program Length: 1.5 hours

Type: Group Led

Drop in to play various card and board games such as cribbage, bridge, phase 10, Scrabble, Yahtzee and more! Tea and coffee provided.

HIVE Library | Give a Book! Take a Book! Let's Swap!

Bring a book from home and choose a new-to-you book to enjoy! The Hive Library is available during programming hours at **no charge**.

Bridge Lessons (Waitlist) ®

Cost: No Charge

Program Length: 2 hours

Type: Instructor Led

Interested in learning how to play Bridge? Be added to the waitlist to learn when the next session of lesson will be offered in the future.

Mahjong Lessons (Waitlist) ®

Cost: No Charge

Program Length: 2 hours

Type: Instructor Led

Interested in learning how to play Mahjong? Be added to the waitlist to learn when the next session of lessons will be offered in the future.

Program Offered by the Saint John Newcomers Centre:

SJNC: Future Engage ®

Cost: No Charge

Program Length: 2 hours

Type: Coordinator Led

A new weekly Seniors and Youth Engagement Project that will create intergenerational connections. Register by contacting Doaa Higazy, from the Saint John Newcomers Centre, by email: Doaa.Higazy@sjnewcomers.ca or call: (506) 721-1325.

Thursday, July 7, Activity: Historical Walk



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Tai Chi - Outdoors! ®

Cost: No Charge

Program Length: 1 hour

Instructor: Xin Xin

Tai Chi is a non-competitive, self-paced system of gentle physical exercise and stretching. Each posture flows into the next without pause, ensuring that your body is in constant motion. It helps reduce stress and anxiety and increase flexibility and balance. This class will be held at the Rothesay High School Soccer Field (61 Hampton Rd, Rothesay, NB). No class on July 19 and 26.

Sunset Yoga at Renforth Rotary Park Cost: No Charge

Program Length: 1 hour

Instructor: Jason McLean

FREE Sunset Yoga Sessions are BACK this summer at Renforth Rotary Park with Jason McLean from Yoga Haus! No experience is necessary; yoga sessions are for people of all ages and abilities! In the event of inclement weather, the yoga session will move to Wednesday, July 27. No parking on James Renforth Drive – overflow parking is available at the Bill McGuire Centre.

Flex & Flow ® Cost: \$5 / Class Program Length: 1 hour Instructor: Deby Siemens

This standing cardio and strength training exercise class will use exercise balls, resistance bands and hand-held weights.

Sittercise ® Cost: \$5 / Class Program Length: 1 hour Instructor: Deby Siemens

Designed to improve strength and balance with complete support of a chair, using exercise balls, resistance bands and small hand-held weights.

Garden Club Meeting ® Cost: No Charge

Program Length: 1 hour

Type: Group Led

Garden enthusiasts are encouraged to register for the Garden Club to connect and garden together, improve their green thumb, and grow something new. The Garden Club will plan, plant, tend, and harvest a plot at the Scribner Community Garden from May until October.

HIVE Book Club Meeting ®

Cost: No Charge

Program Length: 1 hour

Type: Group Led

The HIVE Book Club meets monthly to discuss the last book read and decide the next book to read. Members are responsible for obtaining their own copy of each book.



CONCERTINITE COMMON 2022

FREE LIVE MUSIC | FAMILY & AGE FRIENDLY

The following performers will showcase their talents on the Rothesay Common Stage each Thursday evening from 7:00-8:00pm. Take your evening walk, bring your blanket/chair, and enjoy free outdoor music! If the weather is inclement, the concerts will be held in the Rothesay Park School Cafeteria.

Rock n' Roll Cowgirl	Thursday, July 7	7:00pm
Chris Cummings	Thursday, July 14	7:00pm
Brian Baker	Thursday, July 21	7:00pm
Myles MacPherson	Thursday, July 28	7:00pm
Cathy Hutch	Thursday, August 4	7:00pm
Easley / Stevenson / Arsenault	Thursday, August 11	7:00pm
Saint Mary's Band	Thursday, August 18	7:00pm
Thom Swift	Thursday, August 25	7:00pm