



ROTHESAY HIVE – AGE FRIENDLY COMMUNITY CENTRE | NEWSLETTER

JULY | 05.07.2021 |

It's Summertime in Rothesay!

The Rothesay Hive Age Friendly Community Centre's Mission is to be a gathering place to nurture the health and well-being of adults through a hub of activities that focus on socialization, connection, health and wellness, intergenerational programming, lifelong learning and outreach.



Register for July Classes at the Hive

Registration is open for classes in July.

Call or email to register today to not miss out on the classes you are interested in!

Please see the full schedule on Page 3.



Find Us on Facebook!

The Rothesay Hive Facebook group is the place for information about the Rothesay Hive, to connect with other Hivers, find out what is happening in the community, and more! We would love to have you as part of our group. A Facebook account is required.

You can find the group here:

www.facebook.com/groups/RothesayHive/

Contact Us:



Website:

www.rothesay.ca/recreation/rothesay-hive/



Phone:

506-799-9240



Email:

kirstinduffley@rothesay.ca



Rothesay Hive Newsletter Bulletin Board

Here is where you can find information about programs, events and services that are available at the Rothesay Hive, in our community, and across Canada.

Rothesay Presents: Concert in the Common 2021

The Concert in the Common series starts on Thursday July 8th. Take your evening walk, bring your blanket/chair, and enjoy free outdoor music on the Rothesay Common stage from 7-8pm. Pre-Registration is **REQUIRED** for all concerts.

If the weather is inclement, the concert(s) will be rescheduled.



► **Pre-Register here:** <https://rothesayconcertsinthecommon2021.eventbrite.ca>

Mike Biggar (Roots, Folk, Blues)
Thursday, July 8 at 7:00PM

Sean Roach (Folk, Country)
Thursday, August 5 at 7:00PM

Loaded Dice (Classic Rock, Covers)
Thursday, July 15 at 7:00PM

Thom Swift (Roots, Folk, Blues)
Thursday, August 12 at 7:00PM

Christina Martin (Pop, Classic Rock)
Thursday, July 22 at 7:00PM

Jon Mullane (Rock, Pop)
Thursday, August 26 at 7:00PM

Apryll Aileen (Alternative Rock, Pop, Rock)
Thursday, July 29 at 7:00PM

Social Supports NB



► Social Supports NB is a new website created by the Government of New Brunswick that is helping seniors, their families and caregivers navigate and explore available government programs and services. Visit the website to learn more: <https://socialsupportsnb.ca/en/>

Did You Know? 211 is now available across New Brunswick!



► 211 is a free, bilingual, confidential resource to help New Brunswickers navigate the network of community, social, non-clinical health and government services accessible across the province. New Brunswickers can call **2-1-1** and trained staff will work to connect callers with services for both every day needs and in times of crisis.

The service is now fully active, providing information and referral services 24 hours a day, seven days a week. Visit: 211.ca



“Use what talents you possess; the woods would be very silent if no birds sang there except those that sang best.”
— Henry Van Dyke

THE ROTHESAY HIVE

PROGRAMS AND ACTIVITIES CALENDAR

July 2021

Pre-Registration is required 48 hours in advance for all programs. Please call 506-799-9240 or email kirstinduffley@rothesay.ca to register. Please include your name, program type, date & time in your email or voicemail. Thank you in advance.

| MONDAY | TUESDAY CLOSED | WEDNESDAY | THURSDAY CLOSED | FRIDAY |
|---|---|---|----------------------------------|--------|
| | | | 1 Happy Canada Day! Closed | 2 |
| 5 10:00AM Flex & Flow 12:00PM Sittercise | 6 Closed | 7 | 8 Closed | 9 |
| 12 10:00AM Flex & Flow 12:00PM Sittercise 1:30PM Book Club Meeting | 13 Closed | 14 | 15 Closed | 16 |
| 19 10:00AM Flex & Flow 12:00PM Sittercise | 20 Closed | 21 | 22 Closed | 23 |
| 26 No Classes | 27 Closed | 28 | 29 Closed | 30 |
| Hive Book Club: No Program Fee. Group Led. Discussion questions provided. Books are chosen by members each month. | Flex & Flow: \$5.00/class This standing cardio and strength training exercise class is designed for adults (50+) and will use exercise bands and small weights. | Sittercise: \$5.00/class Sittercise is designed for adults (50+) to improve your strength and balance with support of a chair, using exercise bands, balls, and small handheld weights. | | |

THANK YOU TO OUR ROTHESAY HIVE SPONSORS



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Rothesay**



The Ketchums Sell Houses



Go Ahead Seniors



Java Moose



Rotary Club of Rothesay-Kings



**Canadian Tire
Rothesay**