



ROTHESAY HIVE



AGE-FRIENDLY COMMUNITY BETTER CHALLENGE!

The Rothesay Hive is delighted to be part of the **ParticipACTION Community Better Challenge**. During the month of **June** we are offering four **FREE OUTDOOR** physical activity classes for older adults 50+. These age-friendly opportunities are the perfect chance to try out a new activity, enjoy the outdoors, and have fun!

SCHEDULE:

JUNE 7 **OUTDOOR LATIN LINE DANCING** **FREE!**
11:30 AM **Instructor: Deby Siemens**

JUNE 15 **OUTDOOR TAI CHI** **FREE!**
9:30 AM **Instructor: Xin Xin**

JUNE 21 **OUTDOOR ZUMBA GOLD** **FREE!**
11:30 AM **Instructor: Jill Donovan**

JUNE 29 **OUTDOOR YOGA** **FREE!**
10:30 AM **Instructor: Jason MacLean**

LOCATION FOR ALL CLASSES: THE ROTHESAY COMMON

REGISTER TODAY:

Call: 506-799-9240 or **Email:** KirstinDuffley@Rothesay.ca

ALL COVID-19 PUBLIC HEALTH MEASURES MUST BE FOLLOWED

- Classes are limited to 25 registrants.
- Registration is required.
- Social Distancing is mandatory.
- Masks may be worn, but are not required for outdoor events.
- All provided equipment for classes is sanitized.
- Participants are asked to bring their own water bottle.
- In-person classes will be cancelled if NB Health Zone 2 reverts to the Orange, Red, or Lockdown phase.