

APRIL | 03.2021 |

Spring has finally sprung!

April has finally arrived and with it the end of the winter season. The Rothesay Hive is open for the month of April and will be offering fitness classes as well as the first meeting of the Rothesay Hive Book Club! Reminder that only those who are registered for scheduled programs are permitted to enter during operating hours. There is still no drop-in programming at this time.

The Rothesay Hive Age Friendly Community Centre's Mission is to be a gathering place to nurture the health and well-being of adults through a hub of activities that focus on socialization, connection, health and wellness, intergenerational programming, lifelong learning and outreach.



Join the Hive Book Club!

The first Hive Book Club meeting is April 16th at 1:30PM. Register by **\$ 506-847-6398** or kirstinduffley@rothesay.ca. Space is limited.

During the first meeting members will decide on the first book and meeting frequency.

There is no charge to be in the Hive Book Club as this is member lead program. Individuals will be responsible to acquiring their own copies.



Rothesay Hive Facebook Group

The Rothesay Hive Facebook Group is not only for information about the Rothesay Hive. It is a place to connect with other Hivers, find information on what is happening in the community, and more. Why not join us? We would love to have you as part of our group. A Facebook account is required.

You can find the group here: www.facebook.com/groups/RothesayHive/

Contact Us:



www.rothesay.ca/recreation/rothesay-hive/ www.facebook.com/groups/RothesayHive/





Email:

kirstinduffley@rothesay.ca



Rothesay Hive Newsletter Bulletin Board

Here is where you can find information about programs, events and services that are available at the Rothesay Hive, in our community, and across Canada.

70th Anniversary of the Kennebecasis Regional Police Force!



The Rothesay Police Department, as an actual law enforcement agency, commenced operations on April $1^{\rm st}$ 1951 when Mr. Harry Darcus Miller was appointed as the first full time police officer for Rothesay. The equipment which was issued to Constable Harry Miller consisted of a hat, whistle, and badge.

When the Policing Agreement between the Municipalities of Rothesay and Quispamsis expired in 2013, it was decided that in order to better reflect the policing jurisdiction, the Force would undergo a name change, to that of the Kennebecasis Regional Police Force, effective March 31, 2014.

Visit their website, here: www.kennebecasisregionalpolice.com/



Interested in Rothesay History & Heritage?

Visit the Rothesay Living Museum website to learn more about the heritage and history of Rothesay and its founding communities: www.rothesaylivingmuseum.com

Kennebecasis Regional Police Force Vulnerable Persons Registry



The Vulnerable Persons Registry allows parents or caregivers of vulnerable persons living within the Municipality of Rothesay and Quispamsis to register vital information pertaining to vulnerable family members or other persons in their care.

This information will be used to assist police and authorized agencies in the event of an incident involving the registered person.

To register a loved one please visit: www.kennebecasisregionalpolice.com/?page_id=99



Stay updated on the New Brunswick's Vaccine Rollout Plan

Timelines for this plan could be impacted and may change based on vaccine availability.

Visit: <u>www2.gnb.ca/content/gnb/en/corporate/promo/covid-19/nb-vaccine.html</u> for the most up-to-date information. Included on the next page is the Plan as of March 25th, 2021.



"April hath put a spirit of youth in everything."

— William Shakespeare, Shakespeare's Sonnets, 1609



March

Ages:

75 & older - now eligible



First responders (firefighters & police officers)

- now eligible



Workers who regularly travel across the border, including regular commuters, truckers (who regularly cross the border) and rotational workers - now eligible



Health-care workers and regulated allied health care professionals

- now eligible



Individuals with complex medical conditions - now eligible



April/May

Ages:

70-74

65-69

60-64



Residents & staff of communal settings

Individuals aged 40 & older with three or more select chronic conditions - now eligible to book appointments for April



Home Care Workers

Large employers



Extra-Mural patients (Housebound/unable to travel)



une

Ages:

50-59

40-49

30-39

20-29

16-19





NOW ELIGIBLE:

Register through a pharmacy

-Ages 75 & older -Rotational workers, truckers who regularly cross the border, regular cross-border commuters

Register online at www.gnb.ca/bookavaccine or call 1-833-437-1424

-Individuals with complex medical conditions -Individuals aged 40 & older with three or more select chronic conditions

For all other groups, do not contact your vaccine provider until you are eligible for a vaccine

Where to get your vaccine:



Pharmacy



Clinics through Horizon Health Network / Vitalité Health Network



Extra Mural / **Ambulance NB**



Clinics through employer

Updated: March 25 2021

The timeline for New Brunswick's COVID-19 vaccination plan may change based on vaccine availability from the federal government



APRIL 2021 THE ROTHESAY HIVE



Pre-Registration is required 48 hours in advance for all programs during the COVID-19 pandemic. Please call **1-506-847-6398** or email **kirstinduffley@rothesay.ca** to register. Please include your name, program type, date & time. Thank you in advance.

MONDAY	TUESDAY CLOSED	WEDNESDAY	THURSDAY CLOSED	FRIDAY
Closed for Easter Monday.	6 Closed	10:00AM Flex & Flow 12:30PM Sittercise	Closed 8	12:00PM Beginners Latin Line Dancing
10:00AM Older Adult Fitness 12:30PM Chair Yoga	Closed 13	10:00AM Flex & Flow 12:30PM Sittercise	Closed 15	12:00PM Beginners Latin Line Dancing 1:30PM Book Club 1st Meeting
10:00AM Older Adult Fitness 12:30PM Chair Yoga	Closed 20	10:00AM Flex & Flow 12:30PM Sittercise	Closed 22	12:00PM Beginners Latin Line Dancing
10:00AM Older Adult Fitness 12:30PM Chair Yoga	27 Closed	10:00AM Flex & Flow 12:30PM Sittercise	Closed 29	12:00PM Beginners Latin Line Dancing
Older Adult Fitness: \$5.00/class This exercise class is designed for adults (50+). It includes warm up stretching, use of exercise bands and weights.	Chair Yoga: \$5.00/class Chair yoga is a form of yoga as therapy that is practiced sitting on a chair, or standing using a chair for support.	Flex & Flow: \$5.00/class This standing cardio and strength training exercise class is designed for adults (50+) and will use exercise bands and small weights.	Sittercise: \$5.00/class This exercise class is designed for adults (50+). This class will work on improving your strength and balance with support of a chair, using exercise bands, balls, and small handheld weights.	Beginners Latin Line Dancing: \$5.00/Class with Deby Siemens. Book Club: No Program Fee, Group Lead. First Meeting to determine book and schedule by members.

THANK YOU TO OUR ROTHESAY HIVE SPONSORS



Palmer Wealth Management





Town of Rothesay

Lindsay Palmer
TD Wealth Investment Advisor

Go Ahead Seniors

The Ketchums Sell Houses



Moose

Rotary
Club of Rothesay-Kings

Rotary Club of Rothesay-Kings

