



Healthy Active Living  
Vie saine et active



2020 Rothesay  
**SPEAKER SERIES**  
Thursdays 7-8pm



**At the Rothesay HIVE**  
**(70 Hampton Road—in Town Hall)**

Rothesay in partnership with Go Ahead Seniors present the 2020 Winter Speaker Series. These speaker sessions will take place every Thursday evening in February and March from 7-8pm at the Rothesay HIVE (70 Hampton Road). All of these events are **FREE** to the public and no registration is required. Java Moose will be providing tea and coffee for each speaker session.

**For more information call 847-6398.**

THURSDAY, FEB 6<sup>TH</sup> 7-8PM – **Death & Taxes** with Richard Albert & Dave Nickerson

THURSDAY, FEB 13<sup>TH</sup> 7-8PM – **Local Breweries Beer Tasting** with Craig Pinhey

THURSDAY, FEB 20<sup>TH</sup> 7-8PM – **Building Cultural Competency** with Anita Punamiya

THURSDAY, FEB 27<sup>TH</sup> 7-8PM – **Financial Planning for Snowbirds** with Krista Wetmore

THURSDAY, MAR 5<sup>TH</sup> 7-8PM – **What's in Your Medicine Cabinet?** with Dan Curran

THURSDAY, MAR 12<sup>TH</sup> 7-8PM – **10 Practical Ways to Improve Your Mental Health Today**  
with Laura Gaten & Associates

THURSDAY, MAR 19<sup>TH</sup> 7-8PM – **Leaving a Legacy: Planning Beyond Your Will** with Lindsay Palmer

THURSDAY, MAR 26<sup>TH</sup> 7-8PM – **Fly Tying** with Jean Porter Mowatt