

kvwalkers

12 weeks/12 walks



Join KV Walkers once again this summer to discover and explore trails in the beautiful Kennebecasis Valley . 12 Weeks/12 Walks is a volunteer-led program where you can learn new trails, meet friendly faces and enjoy a healthy outdoor walk. We meet **Monday evenings at 6:45** and **Tuesday mornings at 9:30** for an hour long walk. Everyone is welcome— brisk, regular and slower walkers can choose their own pace and distance. Be sure to sign on to our Facebook Page for weekly updates & details of walks. ****STARTS JUNE 3—AUG20th****

Dates	Walks	Our Treks in 2019	Meet at this Location
June 3rd,4th	Wells Walk & Nature Loops	A wide woodland trail starting at the Wells Recreation Park and exploring lovely nature trails off the main trail.	Meet at the Wells Recreation Park parking lot in French Village (Wells)
June 10th,11th	Hillside Hike	A popular distance marked trail along the Hillside Trail bordering the MacKay Highway.	Meet at the parking lot at the end of Grove Ave by the highway. Car-pools recommended.
June 17th,18th	Renforth Villa Hike	A popular hike exploring the Renforth area and the nearby Villa Trail.	Meet at the parking lot at the Bill Maguire Centre in Renforth.
June 24th,25th	Spy Glass Hill	Explore the ascent trails leading to Spy Glass hill and enjoy the views overlooking Rothesay.	Meet at the parking lot behind the Arena at RNS.
July 1st,2nd	Town Hall & Ritchie Lake Ramble on Canada Day	Start at the Quispamsis Town Hall and explore the streetscape to Ritchie Lake and adjacent trails.	Meet at the Town Hall near the Arts and Culture Park in Quispamsis.
July 8th,9th	Who Knew It Trail	Also known as Shady Grove , this is a great woodland walk through a beautiful treed lot in back of the Trailer Park.	Take Parkside Drive up to Hillside Estate Trailer Park to the exit just past 7th Avenue.
July 15th,16th	Canada Trail at the QPlex	The Canada Trail is a beautiful wide trail starting at the QPlex and connects to neighbourhoods along the Vincent Road.	Meet at the parking lot by the Community Garden at the QPlex across from the pool.
July 22nd,23rd	Woodland Wander	Explore the hillside behind the Vincent Road and the interesting border trails that connect both towns.	Meet at the Comex parking lot on the Vincent Road across from the True Life Church.
July 29th,30th	Water Tower Trek	Explore a hike that lies on the other side of the Mackay highway to the Water Tower.	Meet at the Comex lot on the other side of the Highway near Parkside Drive. (Sussex Exit)
August 5th, 6th	The Taylor Brook Trail	Explore the backcountry of Spy Glass Hill and lovely stream in the area.	Meet at the parking lot behind the Arena at RNS.
August 12th,13th	Hammond River Hike	A lovely rustic hike on the hillside that borders Hammond River. Wear sturdy shoes.	Meet at the Hammond River Park Lodge off Reynar Dr in Quispamsis.
August 19th, 20th	Rothesay Loop Ramble	An interesting hike through Rothesay visiting many popular sites of Rothesay past and present.	Meet at the Java Moose Parking lot in Rothesay for this hike.
Sept/ Oct	Long Distance Walk Fall Foliage Walk	Details of these events will be announced in August at the end of our summer walks	TBA



Participation in KV Walker activities is made at the sole discretion and risk to individual participants. We always encourage walkers to choose a comfortable pace based on their present physical condition. Planning safe and healthy activities and routes is our prime concern. Those with medical conditions should always seek the advice of a qualified medical professional about their participation.